



Courageous check yourself

- I stand up to my buddies when they are disrespectful to women.
- I understand that "acting like a girl" is not a weakness.
- I don't laugh at sexist jokes.
- I speak out against domestic violence.
- All of the above.**

We are all responsible for promoting respectful and healthy relationships by modeling good behavior, promoting gender equality, and standing up against domestic violence.

Check Yourself.

Challenge your own attitudes and take action.
Join the Delaware Coalition Against Domestic Violence.
Contact us for information about how you can help:
(302) 658-2958 or toll free (800) 701-0456
www.dcadv.org www.safeandrespectful.org