

## **Complex Connections: Domestic Violence, Trauma, and Mental Health**

Session 1: Monday, September 18, 2023 from 10:00 a.m. - 11:30 a.m.

### **Presenters:**

Ama Amponsah, Community Health Coordinator & Trainer

Mariann Kenville-Moore, Director of Advocacy & Policy

Courtney Winkler, Training & Outreach Coordinator

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| <b>10:00 - 10:40</b> | <b>Dynamics of Domestic Violence</b><br>Identifying/defining the problem<br>Making the connections between mental health, substance use, trauma, and domestic violence |
| <b>10:40 - 11:00</b> | <b>Understanding a Victim's Perspective</b><br>Why do they stay?<br>Post-separation abuse<br>Putting protective strategies into context                                |
| <b>11:00 - 11:30</b> | <b>Trauma Responses- Putting It In Context</b><br>Protective strategies into context<br>Empowerment through advocacy<br>Taking action                                  |

*This course, Complex Connections: Domestic Violence, Trauma, and Mental Health (session 1), Approval #20238323-1, provided by Delaware Coalition Against Domestic Violence is approved for continuing education by the NASW-DE Continuing Education Approval Collaborative. CE Approval Collaborative Approval Period: Thursday, August 3, 2023 through January 31, 2025. Delaware social workers will receive 1.5 general CE credits for participating in this course.*

## **Complex Connections: Domestic Violence, Trauma, and Mental Health**

Session 2: Monday, September 25, 2023 from 10:00 a.m. – 11:30 a.m.

### **Presenters:**

Ama Amponsah, Community Health Coordinator & Trainer

Mariann Kenville-Moore, Director of Advocacy & Policy

Courtney Winkler, Training & Outreach Coordinator

### **Guest Speakers:**

Veronica Colombo, Delaware State Police Victim Services

Detective Joe Miller, Wilmington Police Department

Kathleen Seipel, Amanecer Counseling & Resource Center

**10:00 – 10:25**

### **Trauma-Informed Care and Response**

Acute vs. chronic trauma

Providing tools to create change

Overcoming barriers for providers

**10:25 – 10:55**

### **Screening Resources**

Using universal education as a screening tool

CUES Approach: Confidentiality, Universal Education, Support

Breakouts (10 minutes): case scenario review and starting the conversation about domestic violence

**10:55 – 11:30**

### **Community Resources and Response**

Safety planning

Making warm referrals

Guest speakers: making connections in the community

*This course, Complex Connections: Domestic Violence, Trauma, and Mental Health (session 2), Approval #20238323-2, provided by Delaware Coalition Against Domestic Violence is approved for continuing education by the NASW-DE Continuing Education Approval Collaborative. CE Approval Collaborative Approval Period: Thursday, August 3, 2023 through January 31, 2025. Delaware social workers will receive 1.5 general CE credits for participating in this course.*