



## **REGISTRATION RATES**

### **EARLY BIRD REGISTRATION (through 4/5/18)**

\$105.00	DCADV Supporting Members, Member Organizations, and DE Certified Domestic Violence Specialists
\$115.00	Nonmembers
\$75.00	One Day Only

### **GENERAL REGISTRATION (4/6/18-4/27/18)**

\$115.00	DCADV Supporting Members, Member Organizations, and DE Certified Domestic Violence Specialists
\$125.00	Nonmembers
\$75.00	One Day Only

## **LODGING**

A limited number of hotel rooms will be available at the Atlantic Sands Hotel and Conference Center at the group rate of \$128.00/night (plus 8% tax and \$1.50 safe fee). To reserve a room, please call 1-800-422-0600 and refer to [Delaware Coalition Against Domestic Violence Block #8936](#). The group rate is in effect for stays from 5/5/18-5/8/18. Rooms must be reserved by April 5, 2018 to receive the group rate.

**FOR REGISTRATION LINKS AND ALL THE LATEST  
CONFERENCE INFO, VISIT  
[WWW.DCADV.ORG/RETREAT.HTML](http://WWW.DCADV.ORG/RETREAT.HTML)**

## **ABOUT THE ADVOCATES' RETREAT AND CONFERENCE**

This program is funded through the Delaware Criminal Justice Council by the U.S. Department of Health and Human Services, Administration for Children and Families, Family Violence Prevention and Services Program.

In its 20<sup>th</sup> year, the Advocates' Retreat and Conference brings together victims/survivors, advocates, and victim service providers from across the state (and sometimes, beyond!) to connect, share information, and engage in critical thinking analysis about efforts needed to address and prevent intimate partner violence, family violence, sexual violence, dating violence, and/or stalking. Over two days, there are many opportunities for training/education, networking, and self-care.

The workshops included in this year's Retreat and Conference have been carefully chosen through a variety of ways. In the fall 2017, DCADV issued a Call for Workshop Proposals to local and national partners in victim services, prevention, and related fields. DCADV's Retreat Planning Advisory Committee (consisting of representatives from DCADV's member organizations, task forces, and other interested individuals) came together to review workshop proposals and provide feedback on the training and service needs of Delaware's DV community. DCADV also used recommendations/suggestions received through last year's Retreat and Conference participant evaluations and the recently completed [Domestic Violence Needs Assessment](#) to pursue workshop topics and presenters that would be most relevant to our community.

We hope that you find this year's event engaging and informative! We're looking forward to seeing you at the beach!

## **ABOUT THE DELAWARE COALITION AGAINST DOMESTIC VIOLENCE**



Founded in 1994, the Delaware Coalition Against Domestic Violence (DCADV) is Delaware's federally recognized state domestic violence coalition. The staff, board, members, and volunteers of DCADV work with our member organizations and allies to support the empowerment of victims of domestic violence and their children through access to services and legal remedies. DCADV also seeks to change the societal conditions that support sexism, racism, homophobia, and other oppressions and which contribute to the continued presence of domestic and sexual violence in intimate relationships.

The Delaware Coalition Against Domestic Violence envisions a First State where safe, healthy, equitable relationships, families and communities thrive.

## KEYNOTE PRESENTATION: MONDAY, MAY 7



### **RITA M. LANDGRAF**

*University of Delaware's College of Health Sciences, Professor of practice and distinguished health and social services administrator in residence and Director, UD Partnership for Healthy Communities*

## KEYNOTE PRESENTATION: TUESDAY, MAY 8

### **LYNN ROSENTHAL**

*Director for Violence Against Women Initiative at the Biden Foundation*



## PLENARY SESSION: TUESDAY, MAY 8

**National Network to End Domestic Violence's Safety Net: the National Safe & Strategic Technology Project ([www.nnedv.org/safetynet](http://www.nnedv.org/safetynet))**

# SCHEDULE OF EVENTS: MONDAY, MAY 7

## 8:00 – 9:00 REGISTRATION AND BREAKFAST

9:00 – 10:15 Swan Ballroom	<p>Welcome!</p> <p><b>Opening Remarks:</b> Sue Ryan, <i>Executive Director, Delaware Coalition Against Domestic Violence</i></p> <p><b>Keynote Presentation:</b> Rita M. Landgraf, <i>Director, UD Partnership for Healthy Communities and Professor of Practice and Distinguished Health &amp; Social Services Administrator in Residence</i></p>
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## 10:15 – 10:30 BREAK

### 10:30 – 12:00 WORKSHOPS: SESSION 1

<p>A) Domestic Violence and Implementing VAWA 2013 Housing Rights</p> <p><i>Debbie Fox, Senior Housing Policy and Practice Specialist, National Network to End Domestic Violence</i></p>	<p>B) Sustaining Yourself in the Movement: Self-Care and Resiliency Tools to Prevent Vicarious Trauma and Burnout</p> <p><i>Jess Staskal, Program Manager for Communications and Training, Maryland Network Against Domestic Violence</i></p>	<p>C) Safety Planning for Non-Citizen Survivors</p> <p><i>Laura Carothers Graham, Esquire, Deputy Director; Managing Attorney - Immigration &amp; Medical-Legal Partnership Programs, Community Legal Aid Society Inc. (CLASI)</i></p>
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## 12:00 – 1:15 LUNCH

### 1:15 – 2:45 WORKSHOPS: SESSION 2

<p>A) A Picture Paints a Thousand Words: Deconstructing Mainstream Versus Feminist Sexual Images in the Media</p> <p><i>Joanne Sampson, Sexual Violence Prevention Specialist, Student Wellness &amp; Health Promotion, University of Delaware; Rebecca Glinn, Undergraduate, Majoring in Women and Gender Studies and Public Policy, with a Concentration in Domestic Violence Prevention and Services, University of Delaware</i></p>	<p>B) Frustrations of Victims and Service Providers: Head Injury Leading to Cognitive Disabilities in Victims of Intimate Partner Violence</p> <p><i>Melissa Pleasanton, Victim Services Specialist, Wilmington Police Victim Services Unit</i></p>	<p>C) Who, What, When, Where, Why, and How to Respond to Older Survivors of Domestic Violence</p> <p><i>Pat Kwetkauskie, Trainer/Educator, Domestic Violence Coordinating Council; Cpl/3 Adrienne Owen, Domestic Violence Policy &amp; Training Coordinator, Delaware State Police; Nikki Kress, Program Coordinator-Adult Victim Services, Delaware Center for Justice</i></p>
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## 2:45 – 3:00 BREAK

### 3:00 – 4:30 WORKSHOPS: SESSION 3

<p>A) Domestic Violence and Implementing VAWA 2013 Housing Rights (REPEAT SESSION)</p> <p><i>Debbie Fox, Senior Housing Policy and Practice Specialist, National Network to End Domestic Violence</i></p>	<p>B) Domestic Violence Shelters and Pets: How RedRover offers assistance for successful co-sheltering</p> <p><i>Katie Campbell, Outreach &amp; Partnerships Coordinator, RedRover</i></p>	<p>C) Organizational Trauma: What It Is, Why It Happens, and How to Prevent It</p> <p><i>Jess Staskal, Program Manager for Communications and Training, Maryland Network Against Domestic Violence</i></p>
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## SCHEDULE OF EVENTS: TUESDAY, MAY 8

### 8:00 – 9:00 REGISTRATION AND BREAKFAST

9:00 – 10:15 Swan Ballroom	Welcome and Recognition of Delaware Domestic Violence Specialists: Courtney Winkler, <i>Training &amp; Outreach Coordinator, Delaware Coalition Against Domestic Violence</i>
	Keynote Presentation: Lynn Rosenthal, <i>Director for Violence Against Women Initiative at the Biden Foundation</i>

### 10:15 – 10:30 BREAK

### 10:30 – 12:00 WORKSHOPS: SESSION 1

A) Safety and Service Considerations for LGBTQ Survivors <i>Salvatore Seeley, Program Director, CAMP Rehoboth</i>	B) Sustaining Yourself in the Movement: Self-Care and Resiliency Tools to Prevent Vicarious Trauma and Burnout (REPEAT SESSION) <i>Jess Staskal, Program Manager for Communications and Training, Maryland Network Against Domestic Violence</i>	C) After the Storm: The Effects of Trauma on Children <i>Nakia Austin, M.A., Licensed Counselor and Certified Life Coach, Nakia Austin Coaching and Inspirations, LLC</i>
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### 12:00 – 1:15 LUNCH

### 1:15 – 2:15 PLENARY SESSION

**Presentation from National Network to End Domestic Violence's Safety Net: the National Safe & Strategic Technology Project**

### 2:15 – 2:30 BREAK

### 2:30 – 4:00 WORKSHOPS: SESSION 2

A) Technology and Safety <i>Safety Net Staff</i>	B) Cultural Competence: Understanding the complexity of multiple cultures and how to apply that knowledge at work <i>Moriel McDuffy, PhD, Assistant Director of Community and Special Programs, Pathways by Molina</i>	C) Beyond Healthy Relationships: A Spectrum of Services for Teens <i>Lauren Camphausen, Director of Prevention, DCADV and Melinda Dubinski, DELTA Project Coordinator, Turning Point at People's Place</i>
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**A LIMITED NUMBER OF EXHIBITOR TABLES WILL BE AVAILABLE FOR ORGANIZATIONS TO SHARE INFORMATION ABOUT THEIR SERVICES. PRIORITY WILL BE GIVEN TO DCADV MEMBER ORGANIZATIONS. FOR MORE INFORMATION OR TO REGISTER FOR A TABLE, VISIT [WWW.DCADV.ORG/RETREAT.HTML](http://WWW.DCADV.ORG/RETREAT.HTML).**



**MONDAY, MAY 7, 2018**

**SESSION ONE 10:30 AM – 12:00 PM**

1A) [Domestic Violence and Implementing VAWA 2013 Housing Rights](#)

*Debbie Fox, Senior Housing Policy and Practice Specialist, National Network to End Domestic Violence*

VAWA housing protections are vital tools for protecting the housing rights of survivors of domestic violence, sexual assault, dating violence and stalking. HUD's final rule effective December 2016, includes core protections across HUD programs covered by VAWA that ensure individuals are not denied assistance, evicted, or have their assistance terminated because of their status as survivors of domestic violence, dating violence, sexual assault, or stalking, or for being affiliated with a victim. This workshop will give an overview of VAWA housing protections; discuss how to inform DV survivors of their rights and HUD-funded programs of their responsibilities; and how your programs can help get the word out in their communities.

1B) [Sustaining Yourself in the Movement: Self-Care and Resiliency Tools to Prevent Vicarious Trauma and Burnout](#)

*Jess Staskal, Program Manager for Communications and Training, Maryland Network Against Domestic Violence*

We know that self-care is important, and that not doing so can lead advocates to vicarious trauma, compassion fatigue, and burnout, but how does one go about actively making self-care a daily practice? In this interactive and reflective session, we will examine the reasons why we became advocates, the ways in which our personal histories of trauma may be affecting us, how our interactions with various systems of oppression affect us, and the signs of vicarious trauma we can already recognize in ourselves. Next, we will discuss how we can create personal safety in our work and how our coworkers and supervisors can help us in maintaining that safety. Finally, we will identify strategies for resilience, finding balance, and creating a daily practice of self-care.

1C) [Safety Planning for Non-Citizen Survivors](#)

*Laura Carothers Graham, Esquire, Deputy Director; Managing Attorney - Immigration & Medical-Legal Partnership Programs, Community Legal Aid Society Inc. (CLASI)*

The presentation will discuss immigration relief available to non-Citizen survivors, as well as strategies to help non-Citizen survivors avoid removal. This training will help you work with immigrants survivors of crime in the current climate of increased immigration enforcement. It will cover basics, and enhanced safety planning.

**2A) A Picture Paints a Thousand Words: Deconstructing Mainstream Versus Feminist Sexual Images in the Media**

*Joanne Sampson, Sexual Violence Prevention Specialist, Student Wellness & Health Promotion University of Delaware and Rebecca Glinn, Undergraduate, Majoring in Women and Gender Studies and Public Policy, with a Concentration in Domestic Violence Prevention and Services, University of Delaware*

On average, we consume 5,000 advertisements a day. This interactive workshop will engage the audience to think critically about advertisements and images in both mainstream and feminist media, and to consider how these images inform our sexual attitudes, beliefs, and behaviors. The “pornification” of culture and its ramifications for sexuality education will also be discussed. Participants will leave with an understanding of why deconstructing sexual images is important to dismantling rape culture.

**2B) Frustrations of Victims and Service Providers: Head Injury Leading to Cognitive Disabilities in Victims of Intimate Partner Violence**

*Melissa Pleasanton, Victim Services Specialist, Wilmington Police Victim Services Unit*

Living with a cognitive disability can make one vulnerable to victimization, and create barriers to accessing services. But what happens when victimization itself leads to a decrease in cognitive ability and increased isolation? Brain injury poses a specific threat to victims of domestic violence, and makes it increasingly difficult to access services. This workshop aims to educate on the short and long-term effects of head injury, heightened risk for domestic homicide, and specific implications for effective safety planning.

**2C) Who, What, When, Where, Why, and How to Respond to Older Survivors of Domestic Violence**

*Pat Kwetkauskie, Trainer/Educator, Domestic Violence Coordinating Council, Cpl/3 Adrienne Owen, Domestic Violence Policy & Training Coordinator, Delaware State Police, and Nikki Kress, Program Coordinator- Adult Victim Services, Delaware Center for Justice*

It is estimated that approximately 1 in 10 older adults living in their homes experience abuse each year. Unfortunately, Delaware is not immune. Join Cpl/3 Adrienne Owen - DSP, Nikki Kress - Delaware Center for Justice, and Pat Kwetkauskie - DVCC to learn more about older adults’ risk factors: who is harming older adults, barriers they encounter when seeking help, practical responses to older survivors and the value of establishing networks and collaborations across systems.



**MONDAY, MAY 7, 2018**

**SESSION THREE 3:00 PM – 4:30 PM**

3A) Domestic Violence and Implementing VAWA 2013 Housing Rights [REPEAT SESSION]

*Debbie Fox, Senior Housing Policy and Practice Specialist, National Network to End Domestic Violence*

See description for Session 1A.

3B) Domestic Violence Shelters and Pets: How RedRover offers assistance for successful co-sheltering

*Katie Campbell, Outreach & Partnerships Coordinator, RedRover*

Research has shown the link between human abuse and animal abuse. As many as 70% of survivors entering shelters report owning a pet with as many as 71% sharing that the pet was injured, maimed, killed or threatened in the last year. With a lack of co-sheltering programs or other options, up to 48% (we suspect this number could be higher) of survivors have delayed leaving out of concern for their pet. This clearly is a barrier for survivors seeking safety (and staying safe) that RedRover helps overcome through our various grant programs. This presentation will include an overview of RedRover's Domestic Violence grants program and the importance of recognizing pets and domestic violence. Participants will learn about different co-sheltering models and how to use the SAF-T Start-Up Manual to create a program to fit their needs. This workshop will focus on the importance of working with the community and participants will take part in hands-on activities designed to help them overcome barriers.

3C) Organizational Trauma: What It Is, Why It Happens, and How to Prevent It

*Jess Staskal, Program Manager for Communications and Training, Maryland Network Against Domestic Violence*

We work hard to ensure we provide trauma-informed services to domestic violence survivors, but are our own organizations taking trauma into account? Organizational culture is bigger than any one leader or staff member. The culture (and trauma) lives on through transitions and staff turnover. Domestic violence organizations are at a heightened risk for organizational trauma for several reasons: the constraints of insecure funding streams; midnight emergency room visits with victims; and the demands of our workload. This can feel overwhelming, leaving advocates exhausted and emotionally drained by week's end. The intensity of our organizational culture is part of our strength, but it also creates an enormous risk for organizational trauma. This interactive session will identify and discuss ways to improve responses to trauma within our own agencies using collaboration and supportive partnerships.

**TUESDAY, MAY 8, 2018**

**SESSION FOUR**

**10:30 AM – 12:00 PM**

4A) **Safety and Service Considerations for LGBTQ Survivors**

*Salvatore Seeley, Program Director, CAMP Rehoboth*

Description coming soon!

4B) **Sustaining Yourself in the Movement: Self-Care and Resiliency Tools to Prevent Vicarious Trauma and Burnout (REPEAT SESSION)**

*Jess Staskal, Program Manager for Communications and Training, Maryland Network Against Domestic Violence*

See description for Session 1B.

4C) **After the Storm: The Effects of Trauma on Children**

*Nakia Austin, M.A., Licensed Counselor and Certified Life Coach, Nakia Austin Coaching and Inspirations, LLC*

This forum gives men and women a raw inside look of the aftermath trauma leaves in the lives of children. Nakia tells a powerful story of a cold and calculated abuser, and how his torture affected the lives of two little boys. We discuss the behavioral, physical, and mental effects of trauma, and how to move forward post-trauma. We also dissect statistical data and case studies. Lastly, we will discuss how to implement a Trauma-Informed Approach.



**PLENARY SESSION**

**1:15 PM – 2:15 PM**

**Presentation from National Network to End Domestic Violence's Safety Net: the National Safe & Strategic Technology Project**

**TUESDAY, MAY 8, 2018**

**SESSION FIVE      2:30 PM – 4:00 PM**

5A) Technology and Safety

*NNEDV Safety Net*

Description coming soon!

5B) Cultural Competence: Understanding the complexity of multiple cultures and how to apply that knowledge at work

*Moriel McDuffy, PhD, Assistant Director of Community and Special Programs,  
Pathways by Molina*

This workshop will explore the complexity of the culture within individuals. While many see culture as race and ethnicity, this is just a part of what culture encompasses. Each person has multiple cultures that include many aspects of their life. These aspects include profession, family, community and many others. Each culture works to shape the whole person, their behaviors, attitudes, etc. Exploring these cultures and understanding how to convert this knowledge into culturally competent strategies, interventions, and behaviors is the goal of this workshop.

5C) Beyond Healthy Relationships: A Spectrum of Services for Teens

*Lauren Camphausen, Director of Prevention, Delaware Coalition Against Domestic Violence and Melinda Dubinski, DELTA Project Coordinator, Turning Point at People's Place*

To comprehensively address intimate partner violence (and particularly, teen dating violence), it's important to understand the connections between prevention and intervention approaches. There are many essential elements to include in our efforts to address teen dating violence- from education on healthy relationships, to challenging community and societal norms that contribute to violence, to improving services and supports for victims and survivors. In this workshop, we'll explore both new and existing strategies that weave together our efforts across the state to address the needs of tweens, teens, and young adults.

## EVENT DETAILS

- ♦ Use the hashtag #VoicesofDE to share your experiences on social media!
- ♦ Continental breakfast, buffet lunch, and refreshments during break times will be served each day.
- ♦ Dress is comfortable, but professional. Many of the workshops include experiential activities, and we want you to feel at ease to move and participate freely.
- ♦ We strive to ensure the comfort and safety of conference participants by encouraging a smoke-free and fragrance-free environment.
- ♦ Our Exhibit Hall will be available throughout the entire conference.
- ♦ In an effort to go green, we will not be providing paper copies of workshop materials. Instead, all attendees will receive a USB drive loaded with presentation materials.

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*DCADV is committed to creating and maintaining a sense of community and inclusion for all its members and community partners. DCADV values diversity, including that of gender, race, ethnicity, country of origin, sexual orientation, gender identity, gender expression, class, religion, age, employment status and differing ability. We hope that whatever your identity, you'll feel welcome in the space we're creating, and you'll find discussions that relate to you. If you have any questions or concerns, please don't hesitate to reach out to us.*

