

DCADV'S 21ST ADVOCATES'
RETREAT & CONFERENCE

balancing
HEALING
& **JUSTICE**

Restoring Ourselves & Our Community

May 6-7, 2019
Rehoboth Beach, DE

This program is funded through the Delaware Criminal Justice Council by the U.S. Department of Health and Human Services, Administration for Children and Families, Family Violence Prevention and Services Program.

About the Advocates' Retreat and Conference

This program is funded through the Delaware Criminal Justice Council by the U.S. Department of Health and Human Services, Administration for Children and Families, Family Violence Prevention and Services Program.

In its 21st year, the Advocates' Retreat and Conference brings together victims/survivors, advocates, and victim service providers from across the state (and sometimes, beyond!) to connect, share information, and engage in critical thinking analysis about efforts needed to address and prevent intimate partner violence, family violence, sexual violence, dating violence, and/or stalking. Over two days, there are many opportunities for training/education, networking, and self-care.

This year's theme and workshop topics have been carefully chosen through a variety of ways. In the fall 2018, DCADV issued a Call for Workshop Proposals to local and national partners in victim services, prevention, and related fields. DCADV's Retreat Planning Advisory Committee (consisting of representatives from DCADV's member organizations, task forces, and other interested individuals) came together to review workshop proposals and provide feedback on the training and service needs of Delaware's DV community. DCADV also used recommendations/suggestions received through last year's Retreat and Conference participant evaluations to pursue workshop topics and presenters that would be most relevant to our community.

This year's theme, *Balancing Healing and Justice: Restoring Ourselves and Our Community*, reflects the value and need to sustain our advocacy community. As advocates and service providers, we give so much of ourselves to the cause, both personally and professionally. We hope this event will give you the opportunity to gain tools and insights to your work, but also to reflect and relax.

We're looking forward to seeing you at the beach!

About the Delaware Coalition Against Domestic Violence

Founded in 1994, the Delaware Coalition Against Domestic Violence (DCADV) is Delaware's federally recognized state domestic violence coalition. The staff, board, members, and volunteers of DCADV work with our member organizations and allies to support the empowerment of victims of domestic violence and their children through access to services and legal remedies. DCADV also seeks to change the societal conditions that support sexism, racism, homophobia, and other oppressions and which contribute to the continued presence of domestic and sexual violence in intimate relationships.



The Delaware Coalition Against Domestic Violence envisions a First State where safe, healthy, equitable relationships, families and communities thrive.



www.facebook.com/DelawareCoalition



www.dcadv.org



www.twitter.com/DCADVDe

Keynote Presentation: Monday, May 6

From Surviving to Thriving – What's Stress Got to Do With It? An Initial Exploration of Healing Modalities from Around the World

**Varsha N., JD, Founder
ROAR Training & Consulting, LLC**



It's 6:00 a.m. You rise. You worked late last night and the cases you handled were pretty rough. You rush to get ready for work, almost forget the tea, take public transportation for about 45 minutes, greet staff members, check email, listen to voicemails, answer phone calls, do paper work and oh, you have more meetings and then more phone calls. The stressful day is over and you didn't finish the important project your boss said had to be completed last week - Oops.

You get home to dirty dishes, errands to run, and oh, by the way, your mother announced she is going to be visiting this weekend. The stress is surmounting. Sound familiar? Have you ever had stressful days or face stressful situations and wonder what could help relieve that stress?

Breathing Techniques, Music, Storytelling, Chiropractic, Dance, Meditation, Tai Chi, Reiki, and Yoga – are several healing modalities around the world that have been found to offer ways to alleviate stress and re-energize individuals, bringing about resilience. Hippocrates once stated, **“Healing is a matter of time, but it is sometimes also a matter of opportunity”**. This engaging keynote will review the different causes and impact that stress and trauma have on the body, both physically and emotionally. Myths around self-care will be reviewed and there will be an initial exploration of stress relieving practices successfully used by professionals around the world.

Panel Presentation: Tuesday, May 7

Housing Matters

**Panel facilitated by Marcey Rezac, LCSW, DVS, Policy Coordinator,
Delaware Coalition Against Domestic Violence**

Access to safe and affordable housing is crucial for domestic violence victims, yet there is a shortage of units available and a complicated array of resources and ways to apply. It is imperative that domestic violence advocates have a clear understanding of the types of housing available and how best to help survivors apply for them. This panel presentation is intended to educate advocates about the various housing resources in Delaware, including public housing, subsidized housing, vouchers, and rapid rehousing programs. Participants will also learn how to apply for these resources, including how to use the Delaware Housing Search website.



The Domestic Violence Task Force (DVTF) Housing Subcommittee has developed this panel presentation as part of the subcommittee's 2019 agenda to increase advocates' knowledge of housing resources in our community.

Panel participants include:

- ≈ Devon Manning, *Planner, Delaware State Housing Authority*
- ≈ Janell Stanton, *Program Director, SAFE Program at People's Place*
- ≈ Rachel Beatty Stucker, *Associate Director, Housing Alliance of Delaware*
- ≈ Christopher Whaley, *Director of Housing Management, Delaware State Housing Authority*

Plenary Session: Tuesday, May 7

Economic Justice: Beyond Financial Literacy

Kim Pentico

***Economic Justice Program Director
National Network to End Domestic Violence***



Money- that thing we don't like to talk about but desperately need. So much of what we do every day hinges on our access to and understanding of money; and yet, we aren't always given good, reliable information about how it really works.

As advocates, we're working with individuals every day who are facing economic concerns- whether it's making a livable wage, having access to funds for basic necessities for themselves and their families, or gaining financial independence. It's important for us to know some financial basics to educate and empower victims, survivors, and ourselves.

This session will reflect on how women have traditionally interacted with financial systems and vice versa; and in return, how we've been taught to value money.

Schedule of Events: Monday, May 6

8:00 – 9:00 REGISTRATION AND BREAKFAST

9:00 – 10:15
Swan Ballroom

Welcome and Opening Remarks: Sue Ryan, Executive Director, Delaware Coalition Against Domestic Violence

Keynote Presentation: From Surviving to Thriving – What's Stress Got to Do With It? An Initial Exploration of Healing Modalities from Around the World
Varsha N., JD, Founder, ROAR Training & Consulting, LLC

10:15 – 10:30 BREAK

10:30 – 12:00 WORKSHOPS: SESSION 1

A) From Surviving to Thriving – Discovering the Power of Resilience and Healing Modalities from Around the World
Varsha N., ROAR Training & Consulting

DOLPHIN ROOM

B) Development of Professional Identity in the Age of Trauma-Informed Care
Mariann Kenville-Moore, Marcey Rezac, and Erin Ridout, Delaware Coalition Against Domestic Violence

SANIBEL ROOM

C) Improving Policy and Practice Regarding the Impact of DV on Child Custody Decisions: Ongoing Work of the Family Court Enhancement Project

The Honorable Jennifer Ranji, Family Court of the State of Delaware

CRANE ROOM

12:00 – 1:15 LUNCH

1:15 – 2:45 WORKSHOPS: SESSION 2

A) How Are They Being Served? Supports and Services for Teens in Delaware

Lauren Camphausen, Delaware Coalition Against Domestic Violence and Stephanie Rodriguez, Turning Point at People's Place

DOLPHIN ROOM

B) Lessons from Peer Support: The Power of our Stories to Transform and Restore

Karen DiNardo and Kyneta Lee, Mental Health Association in Delaware

CRANE ROOM

C) Advocating for Victim Defendants

Cindene Pezzell, National Clearinghouse for the Defense of Battered Women

SANIBEL ROOM

2:45 – 3:00 BREAK

3:00 – 4:30 WORKSHOPS: SESSION 3

A) If you could, you would! Self-Care, Stress, Burnout & Other Occupational Hazards

Heather Peck Dziewulski and Hope Stonerook, The Resilience Network, LLC

SWAN BALLROOM

B) Survivor Voices: Honoring our whole selves in the field of Healing and Justice

Donna Jenson and Dr. Emily Samuelson, Time To Tell

DOLPHIN ROOM

C) Helping Victim Defendants Navigate Concurrent Court Systems

Cindene Pezzell, National Clearinghouse for the Defense of Battered Women

SANIBEL ROOM

Schedule of Events: Tuesday, May 7

8:00 – 9:00 REGISTRATION AND BREAKFAST

9:00 – 10:15
Swan Ballroom

Welcome and Recognition of Delaware Domestic Violence Specialists:
Courtney Winkler, Training & Outreach Coordinator, Delaware Coalition Against Domestic Violence

Panel Presentation: Housing Matters

10:15 – 10:30 BREAK

10:30 – 12:00 WORKSHOPS: SESSION 1

A) Housing Protections for Domestic Violence and Sexual Assault Survivors
Meghann Karasic, Community Legal Aid Society, Inc.
CRANE ROOM

B) Violence Against Women: How Generational Trauma Impacts Our Lives and Our Work
Carley Canada-Banks, Sexual Assault Response Center, YWCA Delaware
SANIBEL ROOM

C) Making Collaboration Work: Promoting Effective Partnerships Between Advocates
LaWann Moses, New Castle County Police Department
DOLPHIN ROOM

12:00 – 1:15 LUNCH

1:15 – 2:15 PLENARY SESSION

ECONOMIC JUSTICE: BEYOND FINANCIAL LITERACY

KIM PENTICO, ECONOMIC JUSTICE PROGRAM DIRECTOR, NATIONAL NETWORK TO END DOMESTIC VIOLENCE

2:15 – 2:30 BREAK

2:30 – 4:00 WORKSHOPS: SESSION 2

A) Beyond Survival: Tools for Thriving in High-Impact Work
Beth Roome, Switchback Institute
SWAN BALLROOM

B) Engaging the Village: Gatekeepers Build Community Resilience
Shirelle Hogans, Public Health Nurse Advocate
CRANE ROOM

C) My Money, My Business
Kim Pentico, National Network to End Domestic Violence
SANIBEL BALLROOM

Opening sessions, meals, and Tuesday's Plenary Session will be held on the 3rd floor in Swan Ballrooms B&C.

The Exhibit Area will be open for the duration of the conference in Swan Ballroom A.

All workshops rooms are located on the 4th floor, unless otherwise noted.

Monday, May 6, 2019

SESSION ONE 10:30 AM – 12:00 PM

1A) From Surviving to Thriving – Discovering the Power of Resilience and Healing Modalities from Around the World

Varsha N., JD, Founder, ROAR Training & Consulting, LLC

DOLPHIN ROOM

DVS Training & Education: 1.5 (II, III, or IX)

Participants are invited to attend this interactive breakout session designed to take individuals on a powerful journey of discovering different stress relieving practices: Breathing Techniques, Music, Storytelling, Chiropractic, Dance, Meditation, Tai Chi, Reiki, and Yoga through discussion and interactive exercises, music and dance. It provides participants of all backgrounds a chance to learn and apply basic forms and variations of healing practices, which have been traditionally found to be beneficial to the professional, practitioner, and to the client/patient, and/or survivor. *(Please note, active participation is not required; all levels are encouraged to attend.)*

1B) Development of Professional Identity in the Age of Trauma-Informed Care

Mariann Kenville-Moore, LCSW, DVS, Director of Advocacy & Policy; Marcey Rezac, LCSW, DVS, Policy Coordinator; Erin Ridout, MSW, Domestic Violence and Community Health Project Manager
Delaware Coalition Against Domestic Violence

SANIBEL ROOM

DVS Training & Education: 1.5 (IX)

Recent decades have seen a shift towards increased professionalism in the delivery of services and supports to domestic violence and sexual assault victims. For many advocates and counselors in the field, this work is also linked to their moral identity. This workshop will explore how as advocates and counselors we navigate thoughts and feelings about professional identity, professional expectations, and meeting service needs.

1C) Improving Policy and Practice Regarding the Impact of DV on Child Custody Decisions: Ongoing Work of the Family Court Enhancement Project

The Honorable Jennifer Ranji, Judge, Family Court of the State of Delaware

CRANE ROOM

DVS Training & Education: 1.5 (I, III, V, or VIII)

This workshop will review the work of the Family Court and domestic violence stakeholders over the last 4 years to improve decision-making in custody matters in which domestic violence is present. Information presented will include the work completed under the Family Court Enhancement Project, a financial and technical assistance grant awarded to Delaware by the Office on Violence Against Women in 2014, as well as the ongoing initiatives that stemmed from that work.

Monday, May 6, 2019

SESSION TWO 1:15 PM – 2:45 PM

2A) How Are They Being Served? Supports and Services for Teens in Delaware

Lauren Camphausen, DVS, Director of Prevention, Delaware Coalition Against Domestic Violence and Stephanie Rodriguez, LCSW, DVS, DELTA Impact Project Supervisor & Domestic Violence Therapist, Turning Point at People's Place

DOLPHIN ROOM

DVS Training & Education: 1.5 (II, III, V, or VIII)

Research demonstrates that many domestic violence survivors first experience violence as young adults. However, services and resources for teens are often limited, difficult to access or are not widely promoted. This workshop will explore the interplay with teen relationship violence, teen development and trauma and will engage participants in an interactive case review simulation to identify and promote existing resources, build connections and collaborations between services and systems, and uncover challenges and gaps teen survivors may face.

2B) Lessons from Peer Support: The Power of our Stories to Transform and Restore

Karen DiNardo, Director of Peer Training & Outreach Services and Kyneta Lee, Peer Educator, Mental Health Association in Delaware

CRANE ROOM

DVS Training & Education: 1.5 (III, V, or VI)

Peer Support is becoming an integral part of mental healthcare treatment. Peer Support is an evidence-based practice which brings together people with similar life experiences to support people in achieving long-term recovery. A core component of peer support is the recovery story or internal narrative. This workshop will outline key components of applying peer support to domestic violence services. It will also explore how the process of understanding our internal narratives, and sharing our stories of overcoming can help people heal from trauma, build community, fight stigma, and build a movement. Participants will engage in hands-on activities to apply these tools.

2C) Advocating for Victim Defendants

Cindene Pezzell, Legal Coordinator, National Clearinghouse for the Defense of Battered Women

SANIBEL ROOM

DVS Training & Education: 1.5 (I, III, V, or VII)

When victims of battering get arrested, the criminal legal system labels them as “perpetrators,” and their experiences of abuse often become invisible. But victim defendants are often the people who are most in need of advocacy and support. In this workshop, participants will examine many of the common ways that victims’ survival strategies are criminalized, explore concrete advocacy strategies for working with victim defendants, and discuss ways to reduce the barriers that can prevent victim defendants from receiving services from community-based advocacy programs.

Monday, May 6, 2019

SESSION THREE 3:00 PM – 4:30 PM

3A) If you could, you would! Self-Care, Stress, Burnout, & Other Occupational Hazards

Heather Peck Dziejewski, Co-founder/Director of Clinical Development and Hope Stonerook,
Co-founder/Chief Executive Officer, The Resilience Network, LLC

SWAN BALLROOM

DVS Training & Education: 1.5 (IX)

Compassion Fatigue (Burnout, Secondary Traumatic Stress, Vicarious Trauma) is an Occupational Hazard for Social Workers and other helping professions. Workload, mandates, severity of client problems and ethical responsibilities are often conflicting and create a “perfect storm” of crisis for those in the helping profession. This workshop addresses specific prevention and recovery strategies to address compassion fatigue which goes beyond self-care. Participants will learn how to provide and receive emotional first aid, will develop an Emotional Safety Plan and leave the workshop with a clear roadmap to address Compassion Fatigue that is actually doable when on the “work more, accomplish more, take care of yourself when you have no time” treadmill.

3B) Survivor Voices: Honoring our whole selves in the field of Healing and Justice

Donna Jenson, Founder/Director and Dr. Emily Samuelson, Clinical Consultant, Time To Tell

DOLPHIN ROOM

DVS Training & Education: 1.5 (III, VI, or IX)

This workshop is for survivors of sexual abuse and assault who are also working in the field. Designed and led by survivors to create a uniquely supportive environment where survivors’ voices can be heard, respected and understood. The format employs writing & reading our writing and gentle yoga & mindfulness practices. Within these activities we move in and out of the myriad of emotions and impressions our personal and professional experiences have placed within us to finding the joy and strength of our true selves, to connect with our survivor identity and the strengths that we bring to the field.

3C) Helping Victim Defendants Navigate Concurrent Court Systems

Cindene Pezzell, Legal Coordinator, National Clearinghouse for the Defense of Battered Women

SANIBEL ROOM

DVS Training & Education: 1.5 (I, III, V, or VII)

Victims of battering are often involved in multiple court interventions simultaneously. Concurrent legal proceedings can impact one another, often to the detriment of the victims. For example, victims who testify against their abusive partners in civil proceedings risk having their testimony used against them in criminal court. This workshop will explore ways advocates and attorneys can help to minimize the potential risks faced by victim defendants who also have open civil proceedings, with a focus on civil protection order cases.

Tuesday, May 7, 2019

SESSION FOUR 10:30 AM – 12:00 PM

4A) Housing Protections for Domestic Violence and Sexual Assault Survivors

Meghann Karasic, Supervising Attorney, Community Legal Aid Society, Inc.

CRANE ROOM

DVS Training & Education: 1.5 (I, III, V, or VII)

This workshop will provide an overview of federal and state Fair Housing protections, Violence Against Women Act protections, and other existing state law protections for Survivors of domestic violence and sexual assault. In addition to hearing an overview of protections, participants will break into groups to discuss hypothetical case studies throughout the workshop to analyze and apply Survivor protections to the facts presented.

4B) Violence Against Women: How Generational Trauma Impacts Our Lives and Our Work

Carley Canada-Banks, DVS, Aftercare and Resource Coordinator, NCC, Sexual Assault Response Center, YWCA Delaware

SANIBEL ROOM

DVS Training & Education: 1.5 (III or VI)

Trauma is transmitted in two ways through behavior and genetics. With understanding trauma, service providers know the difficulty victims face receiving services and care throughout their healing process. At the root of all victim service work is a general understanding of trauma-informed care. Genetic trauma transmission can imprint on the next generation. Generational trauma transmission may impact how a person responds to violence or the potential of violence. This training will take an in-depth look at trauma transmission through the lens of behavioral and genetic transmission, mirroring the nature versus nurture debate.

4C) Making Collaboration Work: Promoting Effective Partnerships Between Advocates

LaWann Moses, DVS, Victim Service Specialist, New Castle County Police Department

DOLPHIN ROOM

DVS Training & Education: 1.5 (III or V)

Collaboration and coordination among agencies and advocates are essential to positive outcomes for victims. When done correctly, agencies can work together to provide effective and meaningful solutions to the clients they serve. This workshop will expand participants understanding of victim-centered and trauma-informed practices when supporting survivors of domestic violence. Since justice and accountability look different for each person, participants will learn the importance of individualizing every client interaction to empower their clients to make more informed decisions and stay engaged throughout the process. Participants will also learn how to connect collaboration and coordination in order to better advocate for their clients and work effectively as a team.

Tuesday, May 7, 2019

SESSION FIVE 2:30 PM – 4:00 PM

5A) Beyond Survival: Tools for Thriving in High-Impact Work

Beth Roome, Founder/President, Switchback Institute

SWAN BALLROOM

DVS Training & Education: 1.5 (IX)

Resilience is an ability to adapt, adjust, and recover. Organizational Resilience builds on the health and resilience of its workforce and teams. To build a resilient organization there must be early and ongoing involvement of staff from all levels and disciplines. This is an interactive workshop including group discussion, lecture, video and personal reflection. Topics covered include 8 components of individual resilience, 3 myths that contribute to burn-out, 10 tips for managing stress and 8 drivers of optimal performance in resilient organizations. Participants work with a current challenge they face and come away with an action plan to address it.

5B) Engaging the Village: Gatekeepers Build Community Resilience

Shirelle Hogans, Public Health Nurse Advocate

CRANE ROOM

DVS Training & Education: 1.5 (II, III, V, or VI)

Call in the Special Teams to Infiltrate from Within! Community GateKeepers intentionally infiltrate our communities to provide HELP and HOPE to their immediate population, and maximize resource partnerships that directly support the traumatic issues. In this workshop, learn how to Educate, Empower, and Equip GateKeepers to build bridges and enhance collaborations in our communities. Participants will also view and discuss the short film “BAEWATCH,” which highlights Community Resource Interventions for two families that are impacted by trauma.

5C) My Money, My Business

Kim Pentico, Economic Justice Program Director, National Network to End Domestic Violence

SANIBEL ROOM

DVS Training & Education: 1.5 (I, III, or V)

Financial abuse, or the control of one's ability to acquire, use, and maintain money, is present in an estimated 99% of domestic violence relationships. Financial abuse is also the main reason people return to abusive/toxic relationships. When survivors of domestic violence have stable access to resources that help them build economic resiliency, they and their families are much more likely to remain safe and secure. As advocates, it's important for us to know some financial basics to educate and empower victims and survivors. This session will focus on both personal and professional skill-building around financial literacy. Participants will learn how to reduce personal spending leaks, improve their credit score, and think like a bank. Participants will also learn about the work being done around the country at the intersection of domestic violence and economic justice.

Meet the Presenters

Lauren Camphausen, DVS, Director of Prevention, Delaware Coalition Against Domestic Violence



Lauren is the Director of Prevention for the Delaware Coalition Against Domestic Violence (DCADV). In this role, Lauren directs statewide prevention initiatives and facilitates training and technical assistance for community and system-based organizations to help promote a coordinated community response for addressing and preventing intimate partner violence. Her professional career has been focused on program development and evaluation, strategic planning, and public policy related to prevention of youth substance abuse, child abuse and neglect, and intimate partner violence as well as parent support and education. Lauren holds a B.A. in Sociology, with a concentration in Education, from the University of Maryland. She is also a Delaware Certified Domestic Violence Specialist in both Prevention and Direct Service/Systems Advocacy.

Carley Canada-Banks, DVS, Aftercare and Resource Coordinator, NCC, Sexual Assault Response Center, YWCA Delaware



Carley Canada-Banks is a specialist in the field of gender-based violence and victims services. A graduate of Wilmington University, where she earned her MScA in Human Service, Carley is dedicated to helping those who have been affected by domestic violence and sexual assault. In addition to her professional work, she has given numerous presentations throughout the state of Delaware. Most notably Carley's work has been featured at the University of Delaware's Women's Week on Black Feminism in Beyoncé's *Lemonade*. Carley is committed to helping the most vulnerable people in society regardless of race, class, gender identity, sexual orientation, or ability.

Karen DiNardo, Director of Peer Training and Outreach Services, Mental Health Association in Delaware

Karen is the Director of Peer Training and Outreach Services for the Mental Health Association in Delaware (MHA) where she has been employed since 2011. Karen manages a staff responsible for design and delivery of Peer Recovery Specialist Training and Certification, as well as other trainings on behalf of Division of Substance Abuse and Mental Health in DE. Karen also served as Director of Inpatient Peer Support at the Delaware Psychiatric Center. Karen was appointed to and serves as a member of the State of Delaware Rehabilitation Council and the State Council of Persons with Disabilities.

Meet the Presenters

Heather Peck Dziewulski, Co-founder/Director of Clinical Development, The Resilience Network, LLC



Heather Peck Dziewulski (Heather D.) is a Licensed Clinical Social Worker and is Board Certified at the National level as a Clinical Social Worker. She is a certified Compassion Fatigue Educator and Therapist with over 35 years working with trauma and its impact of the emotional and behavioral development of children and adolescence and those that care for them. She is currently the Co-Founder of the Resilience Network, an organization dedicated to addressing the issue of Compassion Fatigue to organizations and individuals.

Shirelle Hogans, Public Health Nurse Advocate



Ms. Shirelle DIAMOND Hogans, is a Public Health Prevention Advocate for teen pregnancy, domestic violence, sexual assault and suicide and violence education. An experienced Nurse of 19 years, thriver of all aforementioned traumas, international empowerment speaker and an ally to community pillars. Heart Smile highlights: Maternal Health Nurse Educator at Delaware Adolescent Program Inc (DAPI) for pregnant and parenting teens, Suicide and Violence Education via a CJC federal grant for at risk youth, facilitating “Championing Compassion: ABC

Fundamentals for Preserving Quality of Life” workshops to UD Nursing Students and speaking with Federal Senators on Capitol Hill regarding the health disparities in the State of Delaware which included a private White House Briefing regarding Violence in America and the policies and bills in place.

In 2017 she became a writer, director and producer of iMatter Film’s Prevention movie *A FAMILY AFFAIR*, a creative educational film on trauma and resources, currently traveling the world educating communities and corporations on how to transform trauma into triumph.

Donna Jenson, Founder/Director, Time To Tell



Donna Jenson: Founder and Director of Time To Tell – with a mission to spark stories from lives affected by incest and sexual abuse to be told and heard. She wrote and performs her one-woman play, *What She Knows: One Woman’s Way Through Incest to Joy*, which is based on her own experience of surviving incest. She leads writing/mindfulness workshops for survivors interested in finding their voice and using it. Her book, *Healing My Life from Incest to Joy*, is a memoir of the choices she made and experiences she had that helped her heal from her childhood trauma.

Meet the Presenters

Meghann Karasic, Supervising Attorney, Community Legal Aid Society, Inc.



Meghann Karasic joined Community Legal Aid Society Inc. (CLASI) as a supervising attorney in 2016. Her practice areas at CLASI include fair housing, subsidized housing, and immigration. Meghann graduated from the University of Pittsburgh School of Law in 2010. While in law school she interned with the Housing Authority of the City of Pittsburgh and the HUD office of General Counsel, and she received a community service award for her work with the Women's Center and Shelter of Greater Pittsburgh, Neighborhood Legal Services Association, and the Pittsburgh Refugee and Immigrant Assistance Center. Prior to coming to CLASI, Meghann worked as the Managing Attorney for a Pennsylvania nonprofit organization, serving victims of domestic violence and sexual assault in family law, housing, and immigration-related matters.

Mariann Kenville-Moore, LCSW, DVS, Director of Advocacy & Policy, Delaware Coalition Against Domestic Violence



Mariann Kenville-Moore, LCSW is the Director of Advocacy & Policy for the Delaware Coalition Against Domestic Violence (DCADV). In this position, Mariann works with local and national partners to address and prevent domestic violence through advocacy, policy development and legislation. Mariann is a Licensed Clinical Social Worker who spent her early career in various positions with the Division of Family Services providing direct service to children and families in cases involving child abuse and neglect and later as an administrator developing programs and training on child welfare issues. She retired from state service as the Director of Victim Service from the Department of Justice where she managed the statewide program, developed and implemented policies, programs and legislation, and provided direct service to victims of crime. In addition, she currently is adjunct faculty at Wilmington University teaching courses in their Child Advocacy Studies Certificate program through the College of Social & Behavioral Science. Mariann earned her Master's degree in Social Work from Rutgers University in Camden, NJ and her undergraduate degree in Sociology from the University of Delaware. She is also a Delaware Certified Domestic Violence Specialist in Direct Service/Systems Advocacy.

Kyneta Lee, Peer Educator, Mental Health Association in Delaware



Kyneta Lee has worked in the field of Peer Support for 8 years with the Mental Health Association in Delaware. She is currently a Peer Educator and is an Advanced Level WRAP Facilitator. Through her organization, Planting to Thrive, Kyneta provides peer support, wellness, and therapeutic gardening training and workshops in Delaware, North Carolina, Texas, and West Virginia.

Meet the Presenters

Devon Manning, Planner, Delaware State Housing Authority

Devon Manning has been with the Policy and Planning Section of Delaware State Housing Authority since 2010. In her role as supportive housing planner, she coordinates with public and private partners to develop, implement, manage, and evaluate the effectiveness of housing programs and services designed to accommodate people with special housing needs. In her time at DSHA, she has overseen the launch of the State Rental Assistance Program, the Section 811 Project Rental Assistance Program, and several initiatives related to homelessness. Devon holds a Bachelor's degree in History from The Ohio State University and a Master's degree in Public Administration from the University of Delaware. She lives in Milton with her husband and two daughters.

LaWann Moses, DVS, Victim Service Specialist, New Castle County Police Department



LaWann Moses is an advocate, visionary and leader who has a passion for empowering others to achieve their personal and professional goals while making self-care a priority. She believes love is the greatest gift you can give to yourself and others.

LaWann has a Bachelor of Science in Psychology and a Master of Science in the Administration of Justice, with a concentration in Leadership & Administration from Wilmington University. She is a Certified Domestic Violence Specialist and currently employed as a Victim Service Specialist with New Castle County Police Dept.

Varsha N., JD, Founder/President, ROAR Training and Consulting, LLC



Varsha is founder & president of ROAR Training Consulting, LLC. She received her BA from Columbia University and later received her JD. She is an international speaker and consultant; she covers topics on diversity, bias, domestic violence/sexual assault. She received training through Harvard Medical School's Program in Global Mental Health Refugee Trauma. She has worked with diverse populations from around the world—Somalia, Nepal, Sierra Leon, Iraq, Russia, Ethiopia, India- amongst others. Varsha serves on the Los Angeles Police Department DNA Taskforce, the Board of Directors, End Violence Against Women International and Advisory Council for United Nations Women Los Angeles.

Meet the Presenters

Kim Pentico, Director of Economic Justice, National Network to End Domestic Violence



Kim has been working with and on behalf of survivors of sexual and domestic violence since 1990. She first spent over seven years working for a local domestic violence program in Kansas and another seven years at the Kansas Coalition Against Sexual and Domestic Violence. She has also worked for the STOP Technical Assistance Project in Washington, DC. Kim works to ensure and enhance survivor access to economic justice and long-term safety.

Cindene Pezzell, Legal Coordinator, National Clearinghouse for the Defense of Battered Women



Cindene Pezzell is the Legal Coordinator at the National Clearinghouse for the Defense of Battered Women (NCDBW), a legal resource and advocacy center for victims of battering charged with crimes. She coordinates the Legal Team at NCDBW, provides direct technical assistance to defense teams, and researches and develops legal materials. Cindene is an experienced trainer who develops and conducts programs around the country on topics related to advocating for and defending charged and incarcerated victims of battering, and expert testimony on behalf of victims of battering.

Prior to joining NCDBW, Cindene worked at the Defender Association of Philadelphia, representing indigent people charged with crimes. During her final year as a public defender, Cindene practiced exclusively in family court, providing criminal defense to people accused of crimes involving the violation of a civil protection order.

The Honorable Jennifer Ranji, Judge, Family Court of the State of Delaware



Jennifer Ranji was appointed to serve as a Judge on the Family Court by Governor Jack Markell in 2015. Judge Ranji serves as the Court's domestic violence liaison judge. Prior to being appointed to the Bench, Judge Ranji served as Cabinet Secretary for the Delaware Children's Department, overseeing a 1,200 person agency providing services to abused, neglected, and delinquent children. Judge Ranji served as Education Policy Advisor to Governor Markell, where she played a leading role in developing and implementing the Governor's education policy agenda and early childhood initiatives. She also served as Deputy Legal Counsel in the Office of Governor Thomas Carper, where she was responsible for policy work regarding domestic violence and child welfare initiatives. Before joining Governor Carper's Administration, Judge Ranji was Director of Legal Affairs for Family Court and Deputy Director of the Domestic Violence Coordinating Council. Judge Ranji also practiced law with Drinker, Biddle & Reath, LLP, during which she provided *pro bono* representation to domestic violence victims, child abuse victims, and animal welfare agencies.

Meet the Presenters

Marcey Rezac, LCSW, DVS, Policy Coordinator, Delaware Coalition Against Domestic Violence



Marcey Rezac, LCSW, DVS is a Policy Coordinator for the Delaware Coalition Against Domestic Violence (DCADV). She is currently the co-chair of the Domestic Violence Task Force (DVTF) and the chair of the DVTF Housing Subcommittee. In addition, she has a private practice and is a contract therapist for Survivors of Abuse in Recovery (SOAR). Marcey is also a board member of Delaware's Continuum of Care, a community based collaborative to address homelessness in Delaware. Marcey has over 20 years of experience in providing direct services, administering programs, and advocating for policies and system change to support the needs of domestic violence and sexual assault survivors. She has extensive experience and expertise in providing trauma-responsive services, trauma-informed programming, and creating organizational cultures to support the work. Marcey earned her Masters of Social Service from Bryn Mawr College and a Bachelors of Business Administration with a focus in Human Resource Management and minor in Women's Studies from George Washington University.

Erin Ridout, MSW, Domestic Violence & Community Health Project Manager, Delaware Coalition Against Domestic Violence



Erin Ridout, LSW is the Domestic Violence and Community Health Program Manager for the Delaware Coalition Against Domestic Violence (DCADV). In this position, Erin is collaborating with community partners to address domestic violence as a public health issue, increasing capacity around the assessment for domestic violence, and implementing an integrated, community-based service delivery model. Erin is a Licensed Social Worker who has worked with children and families around issues of abuse and neglect at the state and local government levels, often collaborating across disciplines to work towards a cohesive multi-disciplinary response. Additionally, Erin has worked in direct service as an in-home therapist. Erin earned her Master's degree in Social Work from UNC Chapel Hill in North Carolina and her undergraduate degree in Women's Studies from the University of Mary Washington in Virginia.

Meet the Presenters

Stephanie Rodriguez, LCSW, DVS, DELTA Impact Project Supervisor & Domestic Violence Therapist, Turning Point at People's Place



Stephanie Rodriguez is the DELTA Project Supervisor at Turning Point at People's Place. As Project Supervisor, Stephanie oversees the development and implementation strategies focusing on the primary prevention of intimate partner violence amongst Delaware's youth. Stephanie couples prevention concepts with trauma-informed care principles developed through clinical experience. Stephanie is a Licensed Clinical Social Worker who also provides direct service to victims of domestic and sexual crimes. In addition, she is an adjunct instructor at Delaware

Technical Community College teaching courses in General Psychology, Abnormal Psychology and Human Development. She earned her Master's degree in Social Work from Delaware State University and her undergraduate degrees in Human Services and Drug and Alcohol Counseling. Stephanie is also a certified Domestic Violence Specialist in both Prevention and Direct Service/Systems Advocacy.

Beth Roome, Founder and President, Switchback Institute

Beth Roome has 27 years' experience in strategic planning spanning faith-based, private and government sectors. She spent 13 years in the Colorado Departments of Human Services, Public Health and Environment, and Public Safety (CDPS) working with disaster response, responders and agencies assisting survivors. Her focus is employee engagement, workforce resilience, leadership, and strategic planning. Her resilience material has been delivered in various formats to over 100 agencies and conferences nationally and internationally. She created the CDPS Leadership Strategies Institute and recently founded Switchback Institute: Leadership Strategies for Optimal Performance and Enhanced Resilience. She has her M.A. in Strategic Communication and Leadership.

Dr. Emily Samuelson, Clinical Consultant, Time To Tell



With over 35 years of experience, Emily Samuelson, PhD, specializes in the treatment of trauma. She knows the journey of healing as a survivor and a guide. She is author of the book, *Soaring Above the Ashes: Thriving Beyond Childhood Sexual Abuse*, a series of stories based on interviews of thriving survivors, and essays about her own healing journey. She has been on the faculties of several universities and medical schools. Currently, she consults, lectures, and provides workshops on sexual abuse. She maintains a private practice in Baltimore, Maryland.

Meet the Presenters

Janell Stanton, DVS, Program Director, People's Place SAFE Program

Janell Stanton graduated from Delaware State University in 2012 with a Bachelor degree in Social Work and has been a part of People's Place SAFE Program since 2011. She started as an intern, then Domestic Violence Support Staff and became the first Family Violence Community Advocate from 2013 to 2017. Over the years she has engaged with community partners by conducting outreach, providing advocacy, and working closely with survivors of domestic violence. She transitioned into the role of Program Manager in 2017 and is currently the Program Director of People's Place SAFE Program. Janell brings a wealth of expertise and passion when working for and serving survivors of domestic violence. Janell is certified as a Domestic Violence Specialist and she is very engaged in task forces and committees, which specialize in serving domestic violence survivors and homeless individuals and families.

Hope Stonerook, co-founder/Chief Executive Officer, The Resilience Network, LLC



Hope Stonerook has over 30 years' experience working for local government in the human services arena. Hope has experience in direct services, management and leadership roles. She has a demonstrated ability to deliver mission critical results in a dynamic, fast-paced and complex environment. She is a Certified Compassion Fatigue Professional. She is currently the Co-founder of the Resilience Network, an organization dedicated to addressing the issue of Compassion Fatigue to organizations and individuals.

Rachel Beatty Stucker, Associate Director, Housing Alliance of Delaware



Rachel Stucker is the Associate Director of Housing Alliance Delaware. She received her M.A. in Urban Affairs and Public Policy from the University of Delaware. At Housing Alliance Delaware she oversees the agency's work as the Continuum of Care Lead, and provides critical support, coordination, and leadership to advance Delaware's goals and strategies to prevent and end homelessness. As a young professional she worked in direct service to people experiencing homelessness in rural Maryland where she oversaw the operations of a homeless day center, a winter crisis shelter, a homeless prevention fund, and a housing first program. This work instilled in Rachel an unwillingness to accept the suffering of homelessness as commonplace, and a passion for ending homelessness in our state. Prior to her work in the field of housing and homelessness, Rachel worked in youth development and community development.

Meet the Presenters

Christopher A. Whaley, Director of Housing Management, Delaware State Housing Authority

Christopher A. Whaley is the Director of Housing Management at the Delaware State Housing Authority (DSHA). Mr. Whaley oversees the DSHA's Federal Public Housing and Housing Choice Voucher Programs in Kent and Sussex Counties, Section 8 New Construction developments managed by the agency, the State Rental Assistance Program (SRAP) and the applicant referral process under the HUD 811 program. Prior to assuming his position as the Director of Housing Management in 2006, Mr. Whaley was a Regional Manager for over eight (8) years with Arbor Management, LLC, which is a wholly-owned subsidiary of Leon N. Weiner & Associates in Wilmington, Delaware. While with Arbor Management, LLC, he was responsible for the management of over thirteen (13) affordable housing communities in Delaware, Maryland and Virginia. Prior to his work with Arbor Management, LLC, Mr. Whaley had served at DSHA in both the Housing Choice Voucher Program and Section 8 New Construction Contract Administration. Mr. Whaley holds an Associates of Arts degree in Business Administration-Marketing and Management and a Bachelor of Science degree in Business Administration-Management from Goldey-Beacom College.

DCADV is committed to creating and maintaining a sense of community and inclusion for all its members and community partners. DCADV values diversity, including that of gender, race, ethnicity, country of origin, sexual



orientation, gender identity, gender expression, class, religion, age, employment status and differing ability. We hope that whatever your identity, you'll feel welcome in the space we're creating, and you'll find discussions that relate to you. If you have any questions or concerns, please don't hesitate to reach out to us.

Bethany Massage & Healing Arts will be providing complimentary 15-minute chair massages on Monday and Tuesday. Sign up for an appointment in the Registration Area (3rd floor- Sandpiper Room).

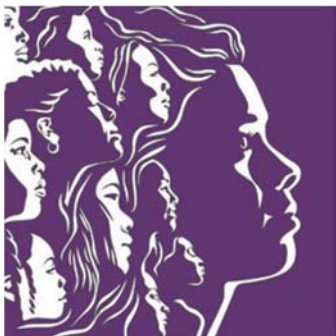
**Space is limited. As a courtesy to other attendees and to accommodate as many people as possible, please sign up for only one appointment time. Individuals are responsible for remembering their appointment time. Workshop monitors will not be reminding participants of their scheduled times.*



DCADV's Women of Color Task Force presents:

FUN AT FIVE: MIXING AND MUSIC

A social power hour. Everyone is welcome!



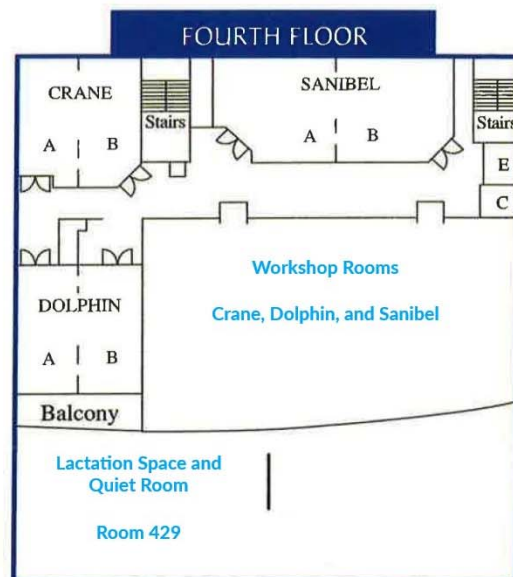
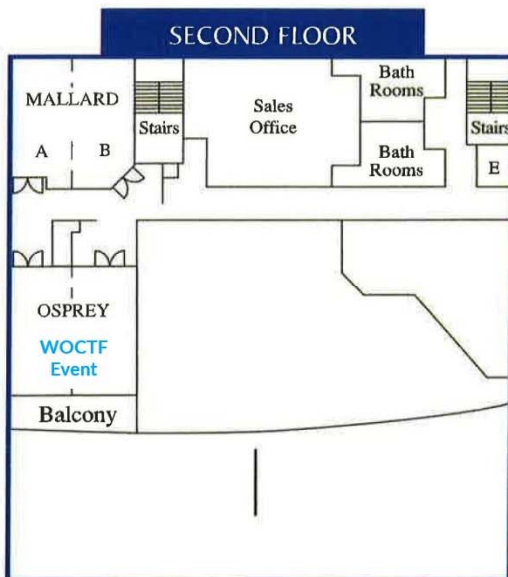
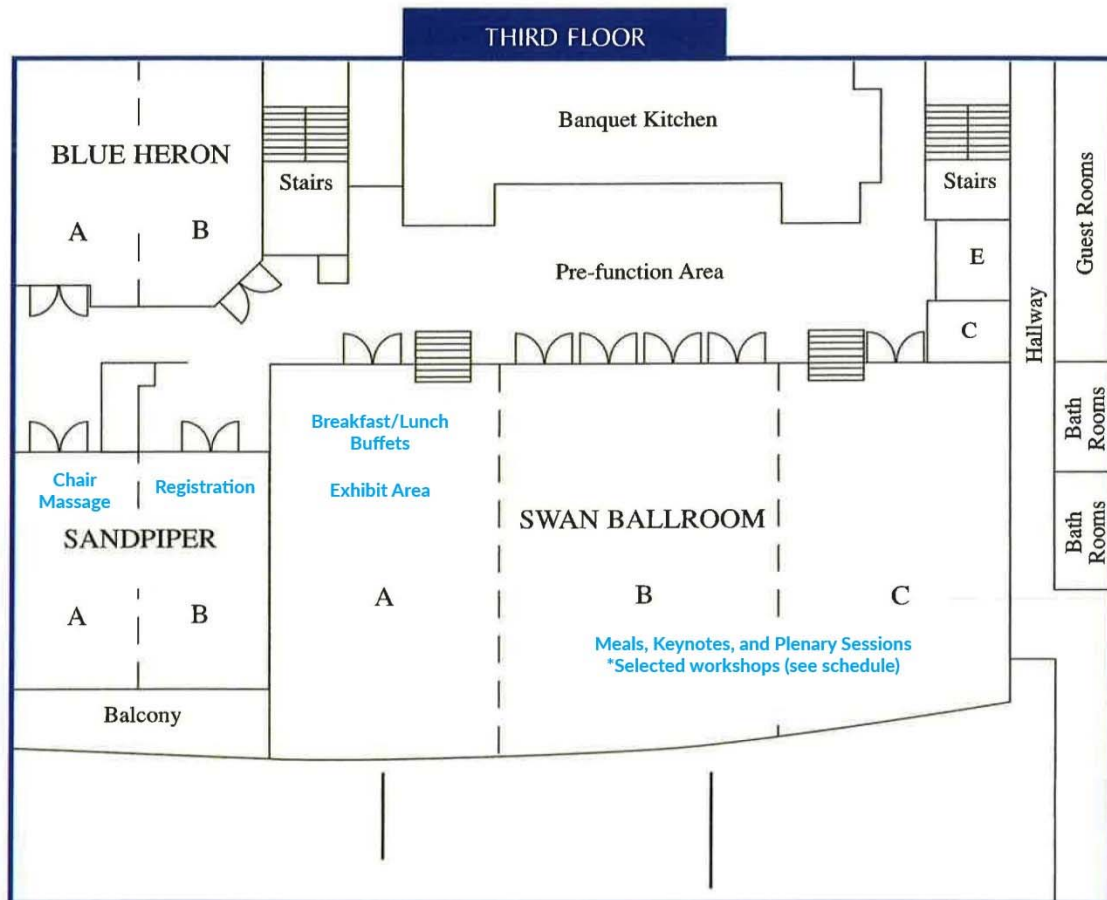
May 6, 2019

5:00 – 6:00 PM

OSPREY ROOM (2nd Floor)

Event Details

- ≈ Use the hashtag [#DERetreat19](#) to share your experiences on social media!
- ≈ Continental breakfast and buffet lunch will be served each day in [Swan Ballroom A](#). Light refreshments will be available between workshops on the [4th floor](#).
- ≈ Registration will begin at 8:00 a.m. each day on the 3rd floor in [Sandpiper B](#). Please make sure you sign in each day!
- ≈ Free parking in the hotel lot is available for overnight guests only. Parking is also available in the hotel lot for daytime attendees requiring accessible spaces. Free street parking is available on the streets surrounding the venue. Meters are not in effect during our event.
- ≈ If you are staying overnight at the Atlantic Sands Hotel, [check out is at 11:00 a.m.](#) To minimize disruption to presenters and other attendees, please make arrangements to check out of your room before workshop sessions begin.
- ≈ Dress is comfortable. Many of the workshops include experiential activities, and we want you to feel at ease to move and participate freely. However, please keep in mind that this is a professional event. In addition, the temperatures in the conference session rooms may fluctuate, so please dress accordingly.
- ≈ We strive to ensure the comfort and safety of conference participants by encouraging a smoke-free and fragrance-free environment.
- ≈ Our Exhibit Hall will be available throughout the entire conference in [Swan Ballroom A](#).
- ≈ We recognize that discussing the many aspects of trauma can be difficult, and at times emotionally overwhelming. If you need to take a few minutes to yourself to reflect, regroup, or recharge, we encourage you to visit our [Quiet Room](#) (Room 429). Please seek support from DCADV or other program staff as needed.
- ≈ [Room 429](#) (4th floor) has a separate room that will serve as a lactation space for nursing mothers. A refrigerator is also available. Please let DCADV staff or the Workshop Monitor know if you need assistance accessing the room.
- ≈ All workshops count toward Training and Education hours for DCADV Domestic Violence Specialist (DVS) Certification. Interested in becoming certified? Please visit www.dcadv.org/DVS or pick up an information booklet at the DCADV resource table.
- ≈ In an effort to go green, we will not be providing paper copies of workshop materials. Instead, all attendees will receive a USB drive loaded with presentation materials.



Atlantic Sands Hotel and Conference Center, 1 Baltimore Ave., Rehoboth Beach, DE 19971