POWER AND CONTROL MODEL FOR WOMEN'S SUBSTANCE ABUSE



Making and/or carrying out threats to do something to hurt her. Instilling fear. Using intimidation, harassment, destruction of pets and property. Making her drop charges. Making her do illegal things. Threatening to hurt her if she uses/ does not use drugs.

USING EMOTIONAL ABUSE:

Making her feel bad about herself, calling her names, making her think she's crazy, playing mind games, humiliating her, putting her down and making her feel guilty for past drug use.

USING ECONOMIC ABUSE:

Making or attempting to make her financially dependent. Preventing her from getting or keeping a job. Making her ask for money. Taking her money, welfare checks, pay checks. Forcing her to sell drugs.

POWER AND CONTROL

USING PHYSICAL ABUSE:

Inflicting or attempting to inflict physical injury by pushing, slapping, beating, choking, stabbing, shooting. *Physically abusing her for getting high/not getting high.*

USING ISOLATION:

Controlling what she does, who she sees and talks to, what she reads, where she goes. Limiting her outside involvement. Keeping her away from people supportive of her recovery. Preventing her from attending drug treatment and NA/AA meetings.

ENCOURAGING DRUG DEPENDENCE:

Introducing her to drugs, buying drugs for her, encouraging drug use and drug dependence.

USING SEXUAL ABUSE:

Coercing or attempting to coerce her to do sexual things against her wishes. Marital or acquaintance rape. Physically attacking the sexual parts of her body. Treating her like a sex object. Forcing her to prostitute for drugs or drug money.

MINIMIZING, DENYING, AND BLAMING:

Making light of the abuse and not taking her concerns seriously. Saying the abuse didn't happen. Shifting responsibility for abusive behavior. Saying she caused the abuse with her drug use.

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