

Sizeism, Fatphobia, and Violence: What's the Connection? Webinar recorded 01/19/22

Books

The Body is Not an Apology by Sonya Renee Taylor

Fearing the Black Body: The Racial Origins of Fatphobia by Sabrina Strings

You Have the Right to Remain Fat by Virgie Tovar

What We Don't Talk About When We Talk About Fat by Aubrey Gordon

Fat is a Feminist Issue by Susie Orbach

Health at Every Size by Lindo Bacon

Fat Shame: Stigma and the Fat Body in America by Amy Erdman Farrell

Celebrate Your Body (And Its Changes, Too!) The Ultimate Puberty Book for

Girls by Sonya Renee Taylor

Podcasts

Maintenance Phase

She's All Fat

Fat Girls Club

The Fat Lip

Every Body Podcast

Activists to Follow

Virgie Tovar

Jes Baker (<u>The Militant Baker</u>)

Sonya Renee Taylor

The Anti-Diet Riot Club

Caleb Luna

Websites

National Association to Advance Fat Acceptance (NAAFA)

<u>Association for Size Diversity and Health (ASDAH)</u>

Council on Size and Weight Discrimination

The Body Positive

Fat Activist Resources for Youth

Article: It's Time to Stop Asking How We Can Help Fat People Love Themselves

Article: How to Support Your Fat Friends, as a Straight Size Person