

AWARENESS/MESSAGING CAMPAIGNS AND TOOLKITS

Loveisrespect: www.loveisrespect.org

Includes teen dating tips, resources, and 24/7 online chats.

Break the Cycle: www.breakthecycle.org

Break the Cycle is the leading national nonprofit organization exclusively providing comprehensive dating abuse programs to young people and adult allies.

Center for Healthy Teen Relationships:

idvsa.org/initiatives/center-healthy-teen-relationship

This initiative, operated by the Idaho Coalition Against Sexual and Domestic Violence, aims to eliminate gender-based violence and promote equality among all genders.

That's Not Cool: www.thatsnotcool.com

That's Not Cool, a public education initiative of Futures Without Violence, partners with young people to help raise awareness and bring education and organizing tools to communities to address dating violence, particularly digital relationship abuse.

For links to more healthy relationship curricula, lessons, and materials, please visit www.safeandrespectful.org.



OTHER WAYS TO GET INVOLVED

Provide opportunities for tweens/teens/young adults to share their thoughts about healthy/unhealthy relationships. Use a bulletin board in a high-traffic area, social media posts, discussion groups, or other ways to start the conversation.

Promote and model positive relationship behaviors. You may think that things like sharing household responsibilities or supporting your partner in a time of need are simple and obvious, but for some teens, they may not observe those behaviors on a regular basis. Find and use those teachable moments wherever you can.

DATING VIOLENCE/HEALTHY RELATIONSHIPS PROGRAMMING

Delaware Department of Education's Model Units of Instruction:

www.doe.k12.de.us/domain/69

Healthy Relationships (6-8) and Healthy Relationships (9-12)- PDF or Word

Safe Dates: www.hazelden.org/web/go/safedates

Evidence-based dating violence prevention curriculum

The Fourth R – Strategies for Healthy Youth Relationships:

youthrelationships.org

The Fourth R is a group of researchers and professionals dedicated to promoting healthy adolescent relationships and reducing risk behaviors.

Dating Matters– Understanding Teen Dating Violence Prevention:

vetoviolenace.cdc.gov/apps/datingmatters

Free interactive training for professionals working with teens to help understand the dynamics of teen dating violence, risk factors, and warning signs.

American Bar Association National Teen Dating Violence Prevention Initiative:

http://www.americanbar.org/content/dam/aba/migrated/unmet/teendating/teacher_sguide.authcheckdam.pdf

Teacher's Guide Interesting, Fun, and Effective Classroom Activities To Influence Teen Dating Violence Awareness and Prevention; includes activities for all types of disciplines in a school setting

Ohio Domestic Violence Network and Ohio Department of Health- Teacher Training: Teen Dating Violence Prevention Education:

<http://vawnet.org/material/teacher-training-teen-dating-violence-prevention-education>

This training tool is geared for teachers to help build their understanding of teen dating violence and capacity to help prevent it.

Virginia Sexual Assault and Domestic Violence Action Alliance– Building Healthy Relationships Across Virginia: A Facilitator's Guide for Teen Dating Violence Prevention:

www.ncdsv.org/images/VSDVAA_BldgHealthyRelationshipsAcrossVAFacilitator'sGuideTDVPrevention.pdf

LOCAL RESOURCES

Delaware Coalition Against Domestic Violence

www.dcadv.org

Delaware's statewide coalition provides training/TA to schools and youth-serving organizations on dating and sexual violence, stalking, gender-based harassment, and trauma-informed policies and practices.

Domestic Violence Coordinating Council

dvcc.delaware.gov

A state agency legislatively created to improve Delaware's response to domestic violence and sexual assault, DVCC provides training to teachers and student education on healthy relationships, cyber abuse and safety.

CHILD, Inc. (New Castle County)

www.childinc.com

Local nonprofit offering crisis hotlines, counseling, parenting classes, and a host of other resources.

People's Place (Kent/Sussex Counties)

www.peoplesplace2.com

Local nonprofit offering crisis hotlines, counseling, and other social services.



HOTLINES

National: Love is Respect (confidential; 24/7)

Call: 1-866-331-9474

Text: loveis to 22522

Live chat online: loveisrespect.org

Delaware Domestic Violence Hotlines

(confidential; 24/7)

New Castle County: 302-762-6110

Kent/Sussex Counties: 302-422-8058

Bilingual (Spanish/English): 302-745-9874

Sexual Assault Hotline/Sexual Assault Response

Center: 800-773-8570

Contact LifeLine Crisis Hotline: 800-262-9800

TOGETHER
WE WILL CREATE A HEALTHY AND SAFE FUTURE FOR ALL YOUTH

When we teach skills for healthy relationships now, we create safer, healthier communities for everyone in the future.

START EARLY
Healthy parent-child relationships, positive family dynamics, and supportive communities provide a strong foundation for children.

EFFECTIVE, non-violent communication and conflict RESOLUTION

POSITIVE interactions based on respect and TRUST

CONTINUE THROUGH ADOLESCENCE
Positive, healthy teen dating and peer relationships have many benefits for youth.

REDUCED anti-social and unhealthy behaviors

BETTER interpersonal skills, communication, negotiation skills, and EMPATHY

POSITIVE self-image and leadership skills

IMPROVED school performance

CARRY INTO ADULthood
Healthy adult relationships benefit entire communities.

More ENGAGED citizens

More PRODUCTIVE workforce

SAFER communities

LESS partner violence

More ATTENTIVE students in schools

EVERYONE is positively impacted by a lifetime of healthy, positive relationships.

Visit vetoviolence.cdc.gov to learn more about creating safer, healthier communities.