

**Cultura and
Compassion:
Supporting
Hispanic & Latino
Survivors**

About the DVCC

The Domestic Violence Coordinating Council (DVCC) is a state agency legislatively created to improve Delaware's response to domestic violence and sexual assault. The DVCC brings together all stakeholders, including service providers, policy-level officials, and community partners, to eradicate domestic violence. The DVCC is committed to leading the nation through innovative legislative action, community education, and an outstanding coordinated system response to violence in families and the community.

Training Objectives

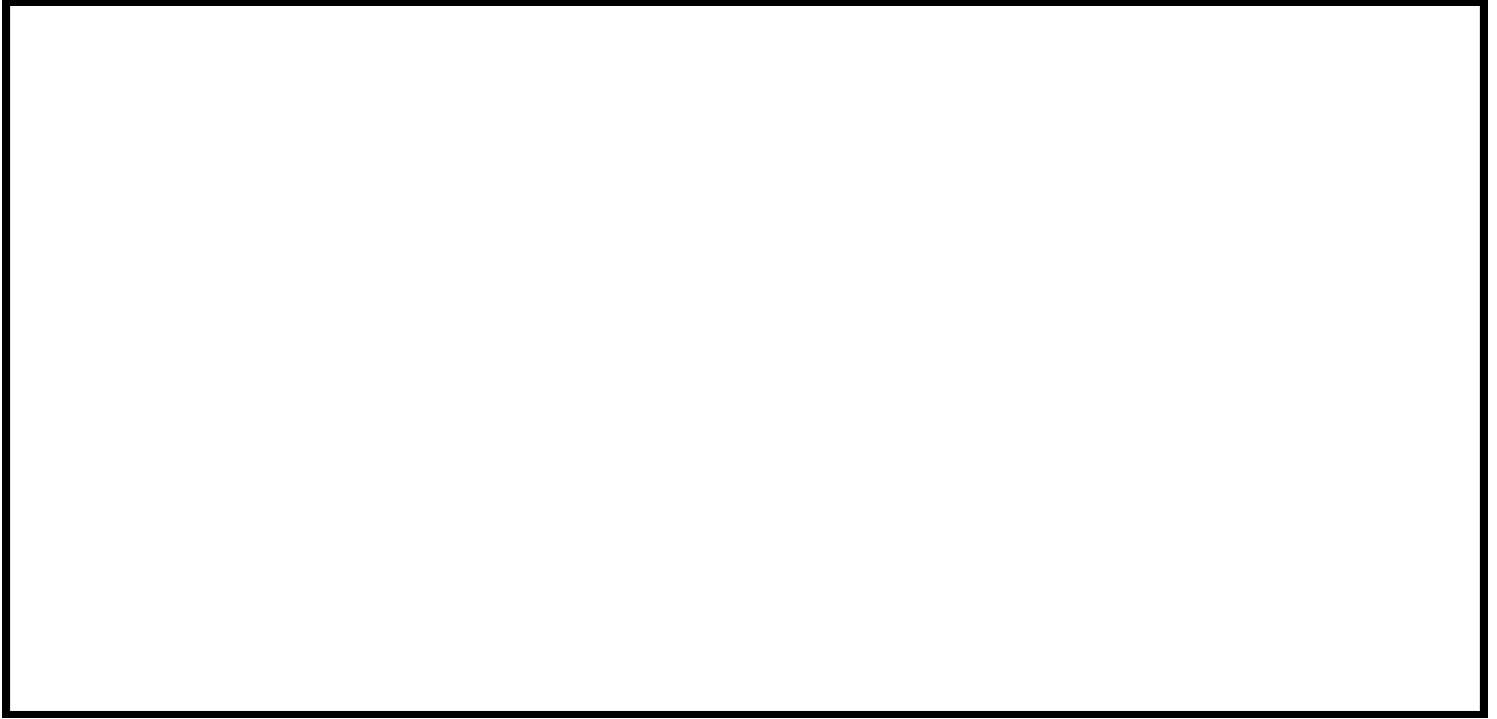
- Key concepts
- Strengths of the Latino Community
- Cultural and familial norms
- Re-victimization
- Moving forward

Group Norms

Use this space to write the group norms we discussed.

When you hear “latino” what comes to mind?

Use this space to reflect on the prompt.

A large, empty rectangular box with a black border, intended for a student to write their reflections on the prompt.

Terminology

Latino/a/e/x: Refers to people with ancestry from Latin America.

Hispanic: Refers to people from Spain or Spanish-speaking countries in Latin America.

Spanish: Refers to a person from Spain.

Latam: A region where a romance language is spoken.

Please draw lines to connect the box to its definition.

Colorism

A social construct categorizing people by shared physical traits such as skin color and/or hair texture.

Ethnicity

Trauma that gets passed down from those who directly experience an incident to subsequent generations.

Intergenerational Trauma

Strong or aggressive masculine pride.

Race

Represents a self-defined group identity based on shared culture, language, history, and ancestry.

Machismo

Prejudice or discrimination especially within a racial or ethnic group favoring people with lighter skin over those with darker skin.

Strengths of the Latino Community

Use this space to reflect on the video we just watched.

Please write the strengths of each group in their box.

Children	Parents	Families

Culture & Familial Norms

DISCLAIMER: Although we are discussing cultural norms, remember how diverse Latinidad is. We are going to talk generally about Latino culture, but remember that they are not a monolith.

When you hear culture, what comes to mind?

Use this space to reflect on the prompt.

Culture: "A learned system of knowledge, behaviors, attitudes, beliefs, values, and norms that is shared by a group of people." -CDC.gov

Please use these lines to list traits associated with familia.

1. _____
2. _____
3. _____
4. _____

Language

Not everyone speaks Spanish, there are other dialects, and Spanish differs from country to country.

Belief Systems

Faith and church are often central to family and community life; this is especially apparent in the understanding of illnesses and healing.

How do you define success?

Use this space to reflect on the prompt.

Defining Success Differently

- Do not assume someone's goal is to assimilate.
- Not everyone has the same path
- Different values lead to different views of success.
- Always ask and validate people's goals!

How Latinos are Affected by Domestic Violence.

Please use these lines to list how Latinos are affected by DV.

1. _____

2. _____

3. _____

4. _____

5. _____

Re-Victimization

Trauma

- Latinos may have a history of trauma related to immigration, colonization, discrimination, political, and/or first-generation trauma.
- Additionally, nearly 4 in 5 Latino youth suffer at least one traumatic childhood experience.

DISCLAIMER: This list is not exhaustive, and Latinos are not all the same; everyone has different struggles.

Microaggressions: A subtle, often unintentional, statement, action, or incident that demonstrates discrimination against a marginalized group.

Please use these lines to list how Latino survivors may experience re-victimization when seeking help.

1. _____
2. _____
3. _____
4. _____
5. _____

Polyvictimization: The experience of encountering multiple different types of victimization.

Moving Forward

Communication

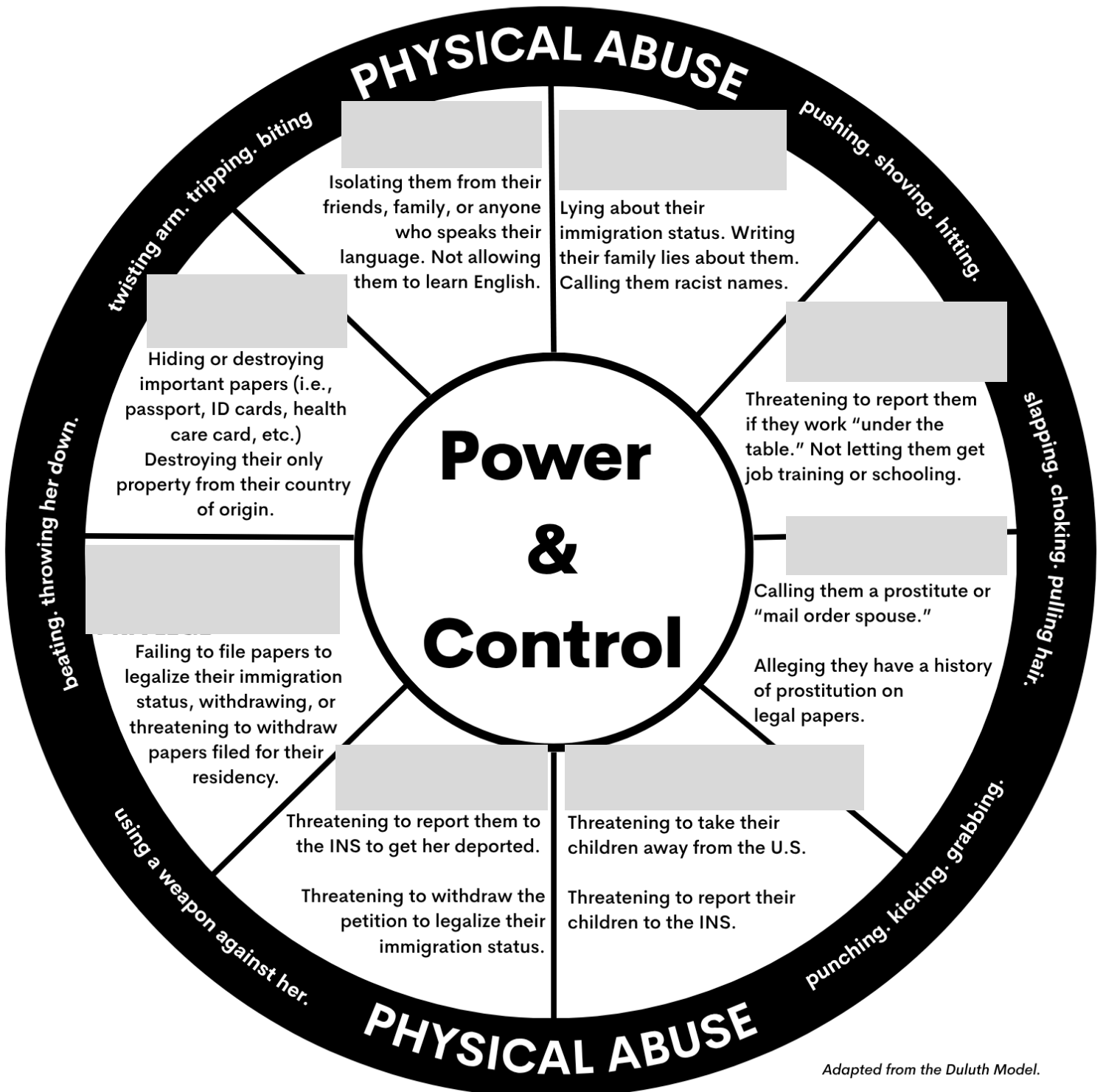
- Ask what their preferred form of communication is? (Call, text, email, etc.)
- Check in for comprehension

Patience

- Don't make assumptions
- What is their level of understanding?
 - Empower them by asking, "Do you understand?" or "Please repeat back to me in your own words what we discussed."
- Be prepared to walk or talk through resources

Immigration

Please fill out the blanks on the Power and Control Wheel.



Adapted from the Duluth Model.

Immigration

Regardless of status, all survivors have rights, and words matter.

Please use these boxes to record the differences between U Visas and T Visas.

U VISAS	VS	T VISAS

Please remember not to give legal advice if you are not an attorney.

Recomendations

- Center culture as a central feature of wellbeing
- Mutual Aid
- Consider your access
- Pay your bilingual advocates well and treat your Latino peers with respect.

Resources

Delaware

24/7 Hotlines

New Castle County (English & Spanish): 302-762-6110

Kent & Sussex Counties: 302-422-8058

Kent & Sussex Counties (Spanish) Bilingual: 302-745-9874

National

24/7 Hotlines

National Domestic Violence Hotline: 1-800-799-7233 (SAFE)

National Domestic Violence Hotline: Text "START" to 88788

National Domestic Violence Hotline: TTY: 1-800-787-3224

National Teen Dating Violence Hotline: 1-866-331-9474

National Teen Dating Violence Hotline: Text "loveis" to 22522

Reflection

Please use this space to reflect on your biggest takeaways from this training.

A large, empty rectangular box with a black border, intended for the user to write their reflections on the training.