

Alternate Avenues of Support

Mutual Aid & Community Collaboration



May 2024

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DCADV



**What are our
community
agreements?**

Living in the Contradictions

Vent Diagrams

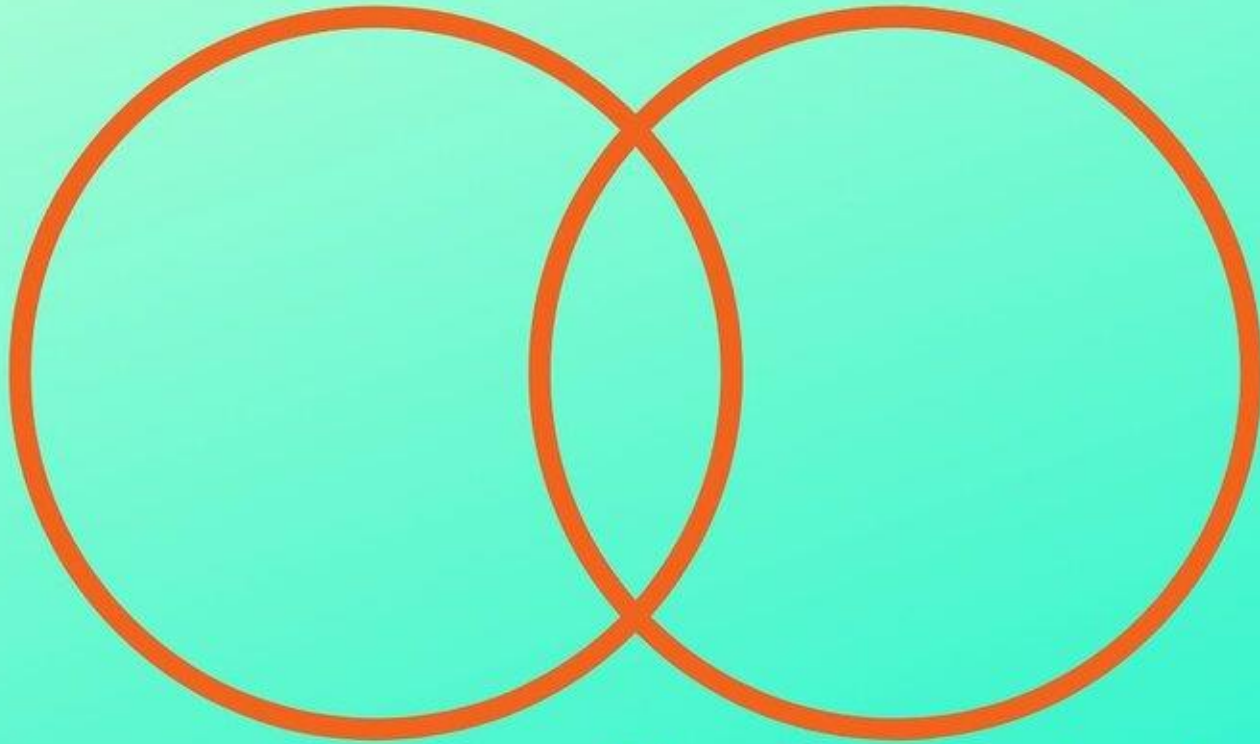
Living in the Middle



I miss
working with
people/friends
in the office

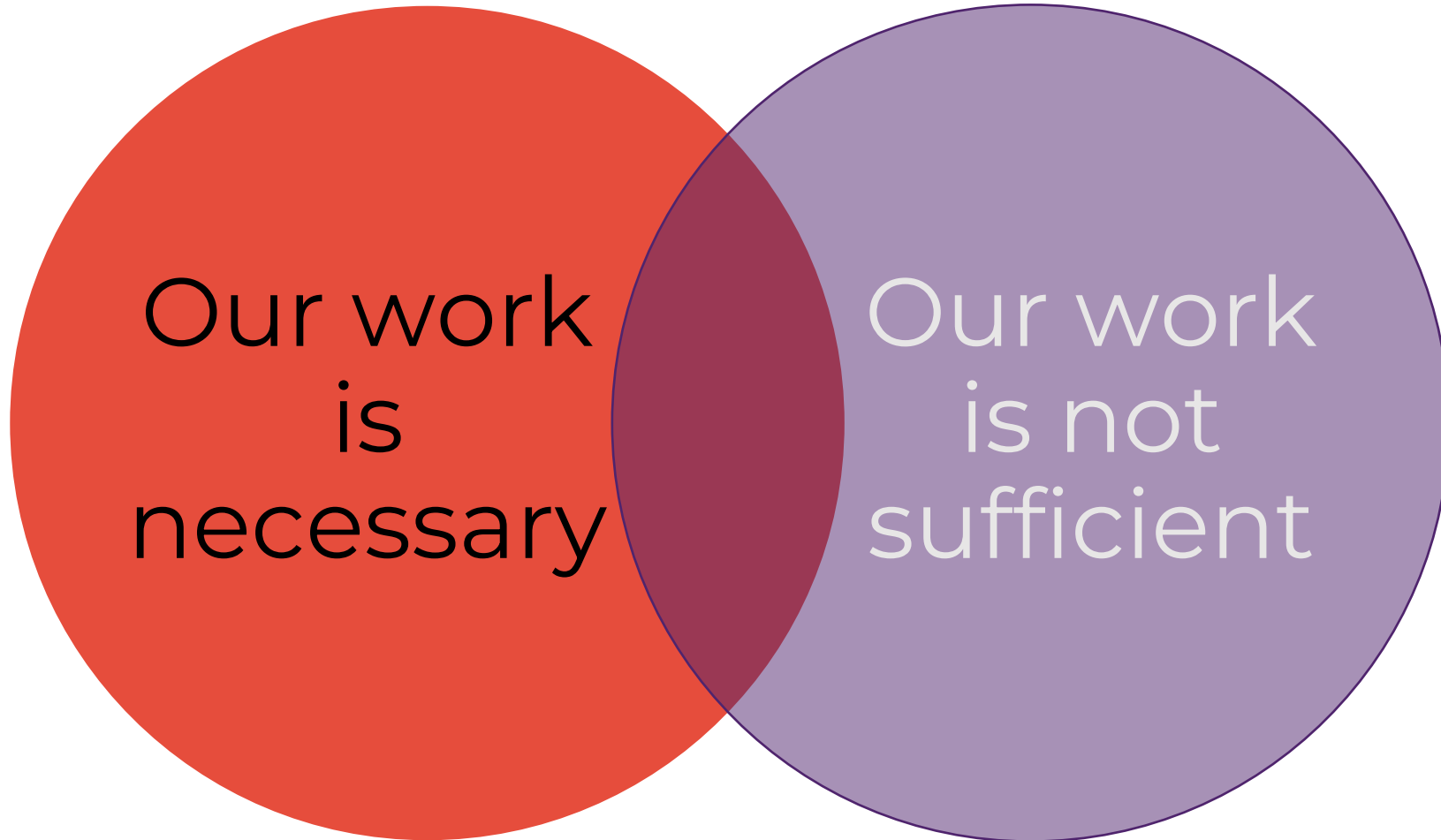
I love
working
from home

There's so much
suffering - I must
act now/always



There's so much going
on - I must rest/take
care of myself

Living in the Middle



Our work
is
necessary

Our work
is not
sufficient

Power, Privilege, and Oppression

Upstream forces

“Attempting to work on domestic violence without working on other oppressions is like attempting to move a rug one is standing on.”

-Mary Allen, National Resource Center on Domestic Violence, 2007

We are
made up of
many
identities!

Health Age
Language Ethnicity
Gender Ability Religion
Sex Race Education



Intersectionality

Term coined by legal scholar Kimberlé Crenshaw in 1989 describing

“the crack that women of color were falling into...”

Intersectionality

A framework for understanding how different identities make up who we are.



Intersectionality

Includes matters of sexuality, gender identify, disability, immigration and more

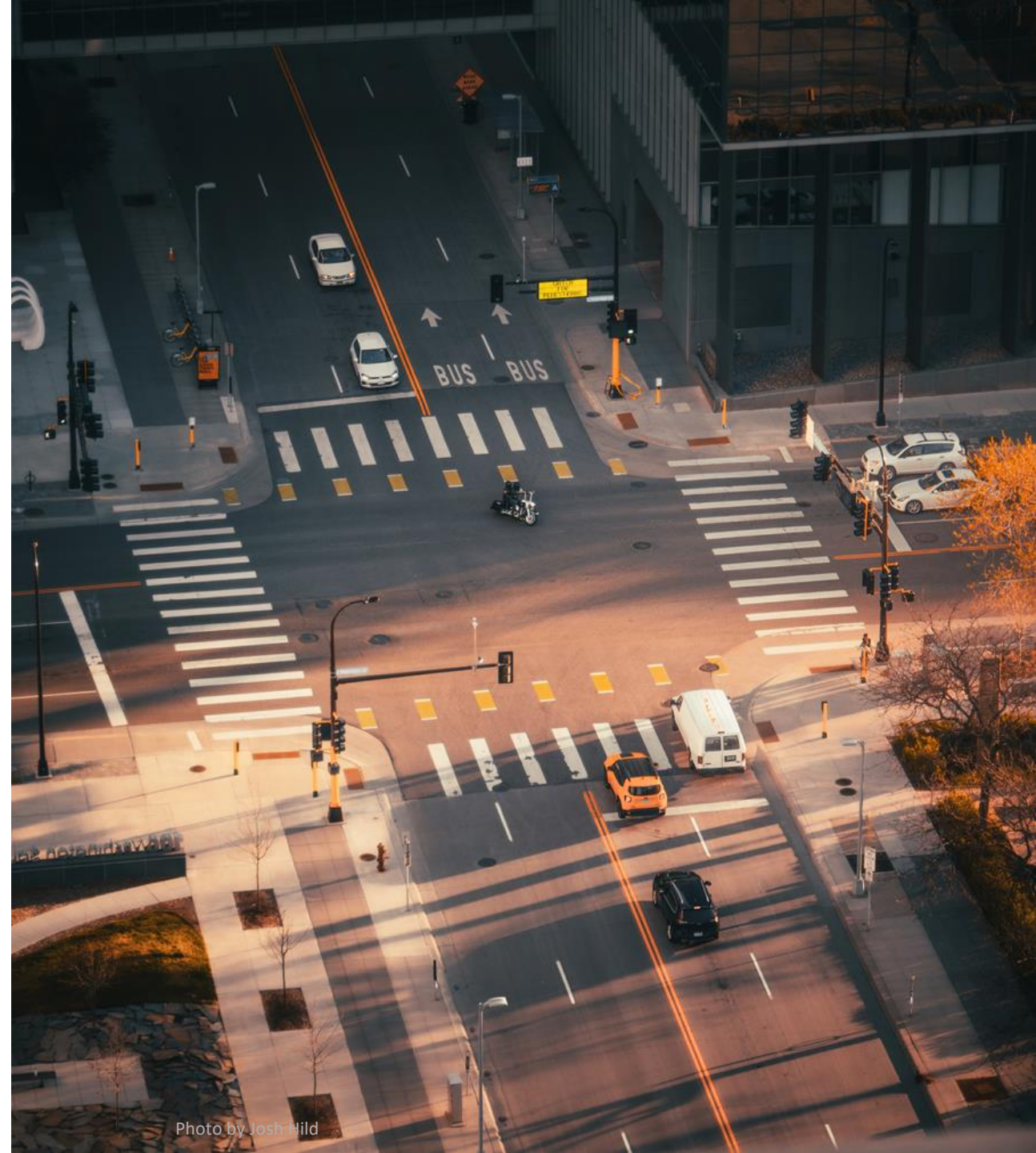
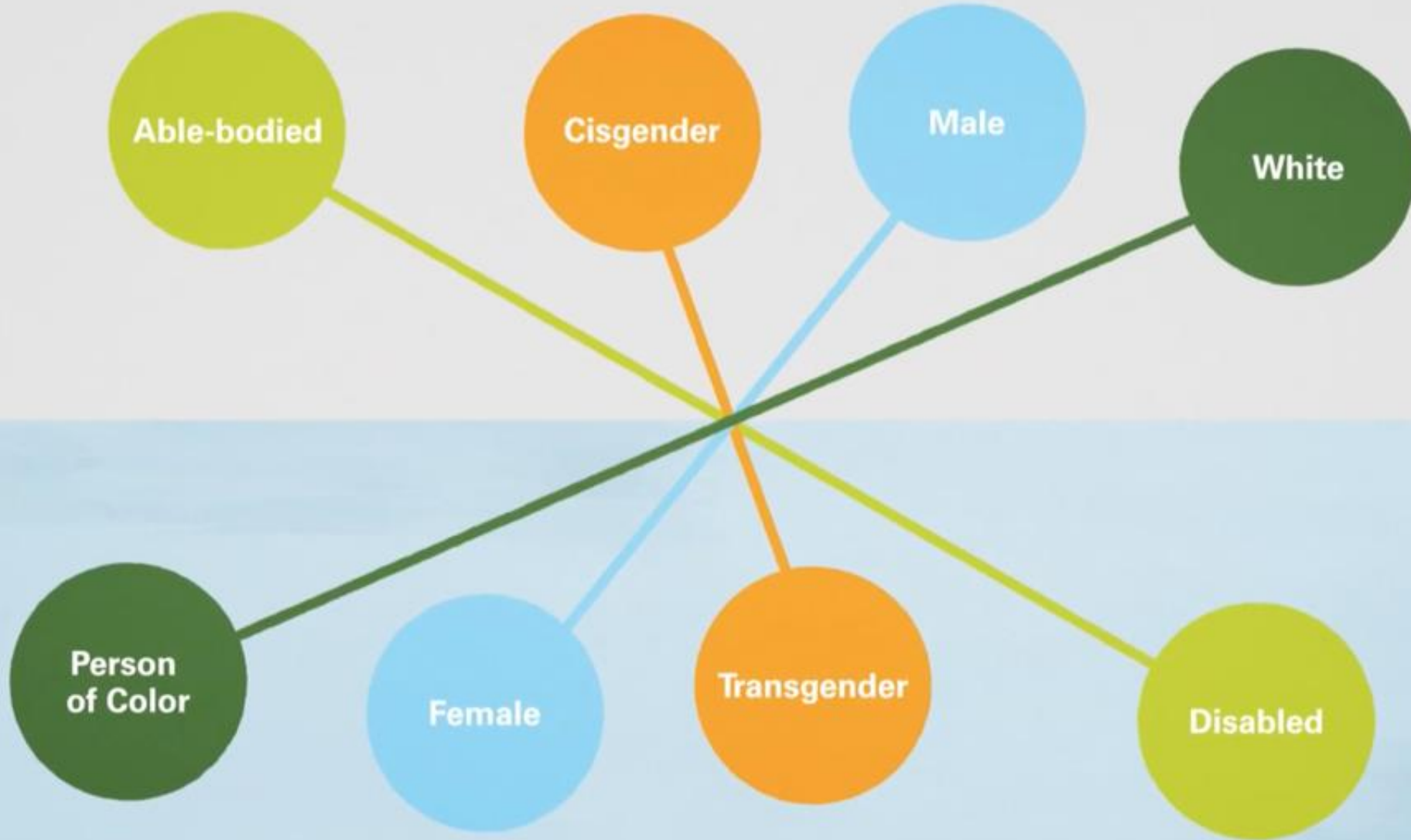
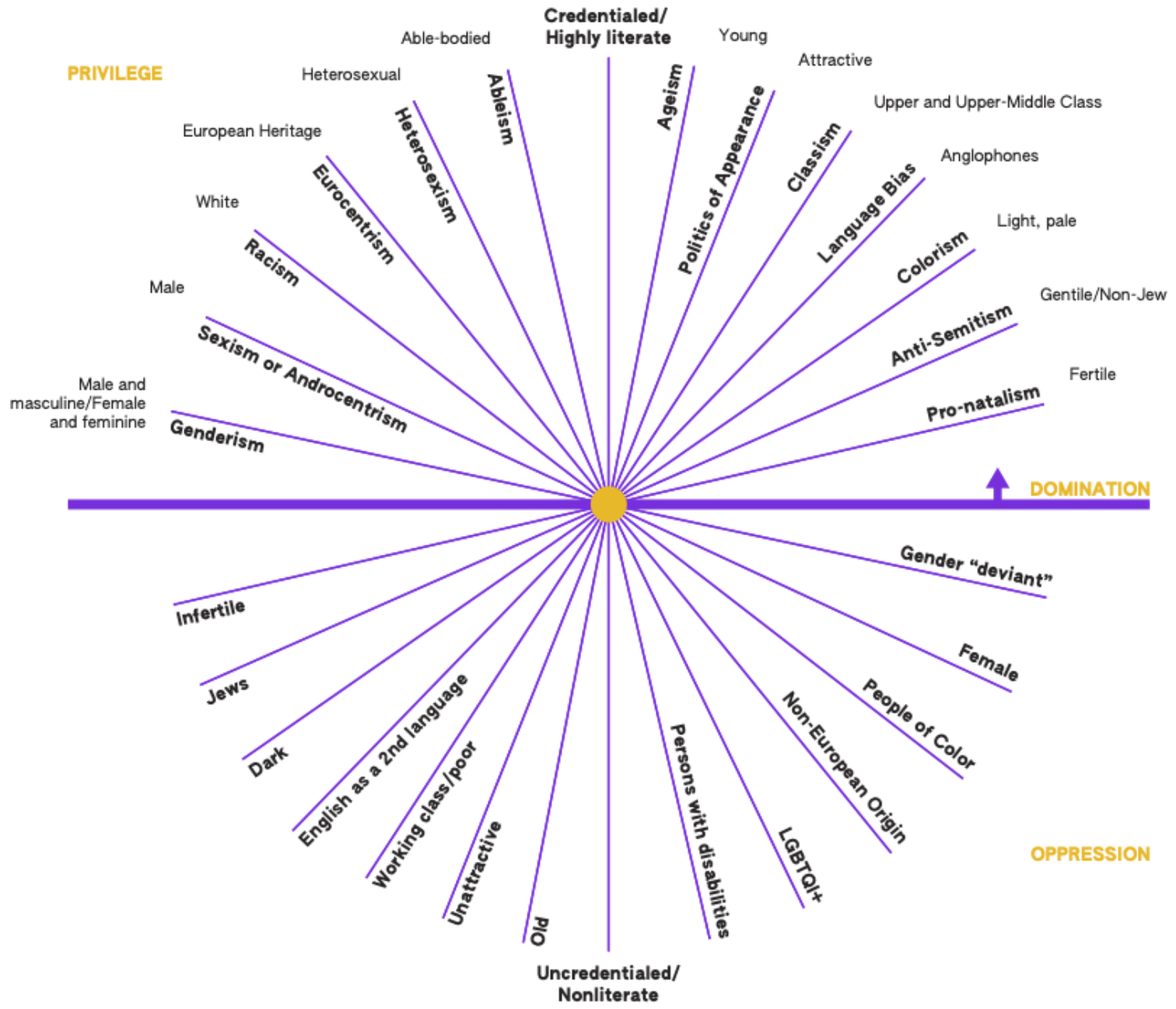


Photo by Josh Hild

PRIVILEGE



OPPRESSION





“There is no such thing as a single-issue struggle because we do not live single-issued lives...Our struggles are particular, but we are not alone.”

-Audre Lorde

Mutual Aid

For the Community by the Community

Mutual Aid is

Mutual Aid is **voluntary** and
collaborative exchanges of
support and resources

Mutual Aid is voluntary and collaborative exchanges of support and resources **to meet the needs of everyone in a community**

Examples of Mutual Aid

- Solidarity and Snacks

SOLIDARITY AND SNACKS

SKID ROW DISTRO WEEK 135

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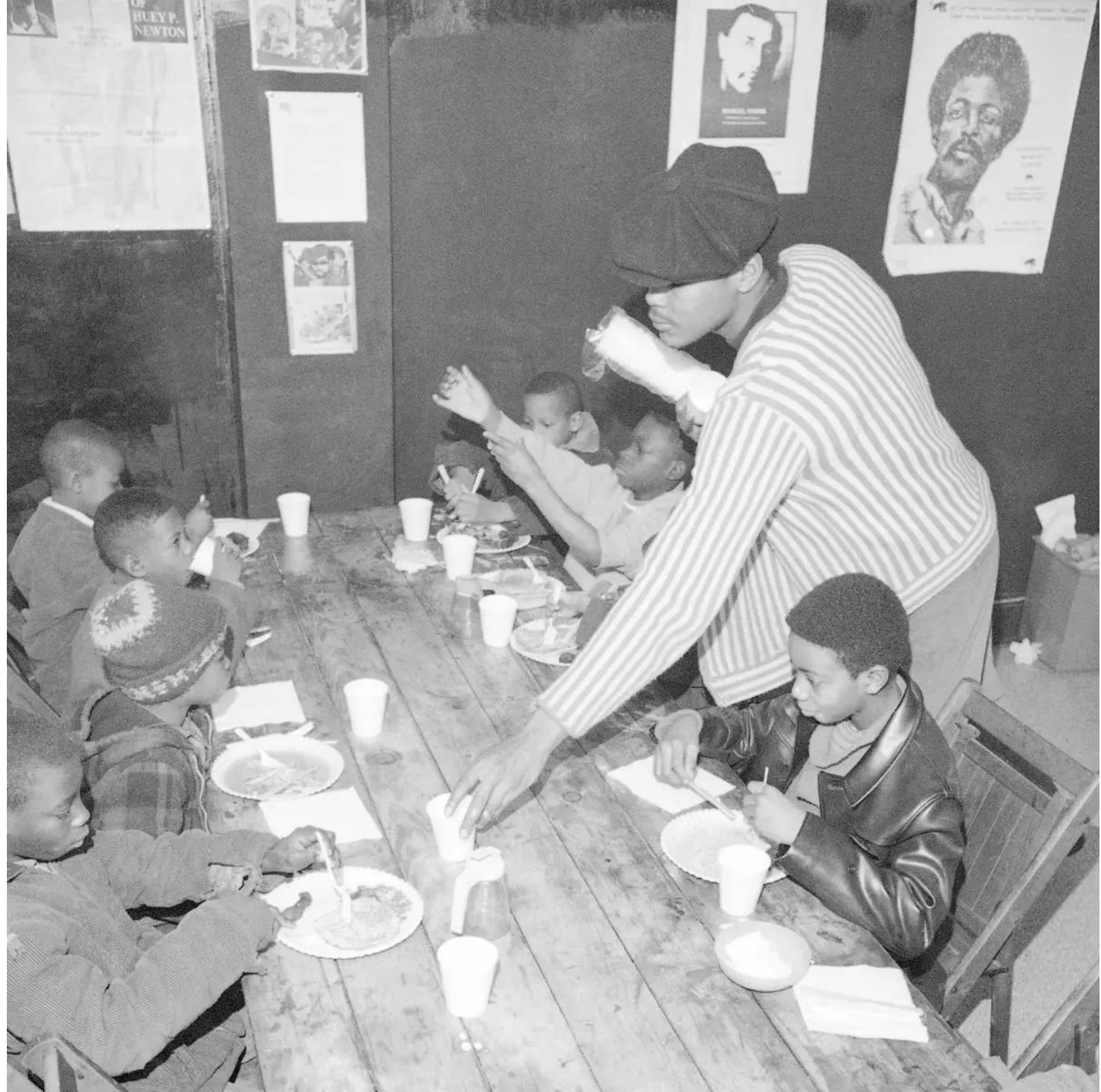
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**6th and San Pedro distro // February 18th 2023
150-200 people a week // every single week
masks, laundry detergent, oatmeal, ramen, ensure
gatorade, water , nuts, chips, apple sauce, peaches,
condoms, + tampons. Community funded/community run**

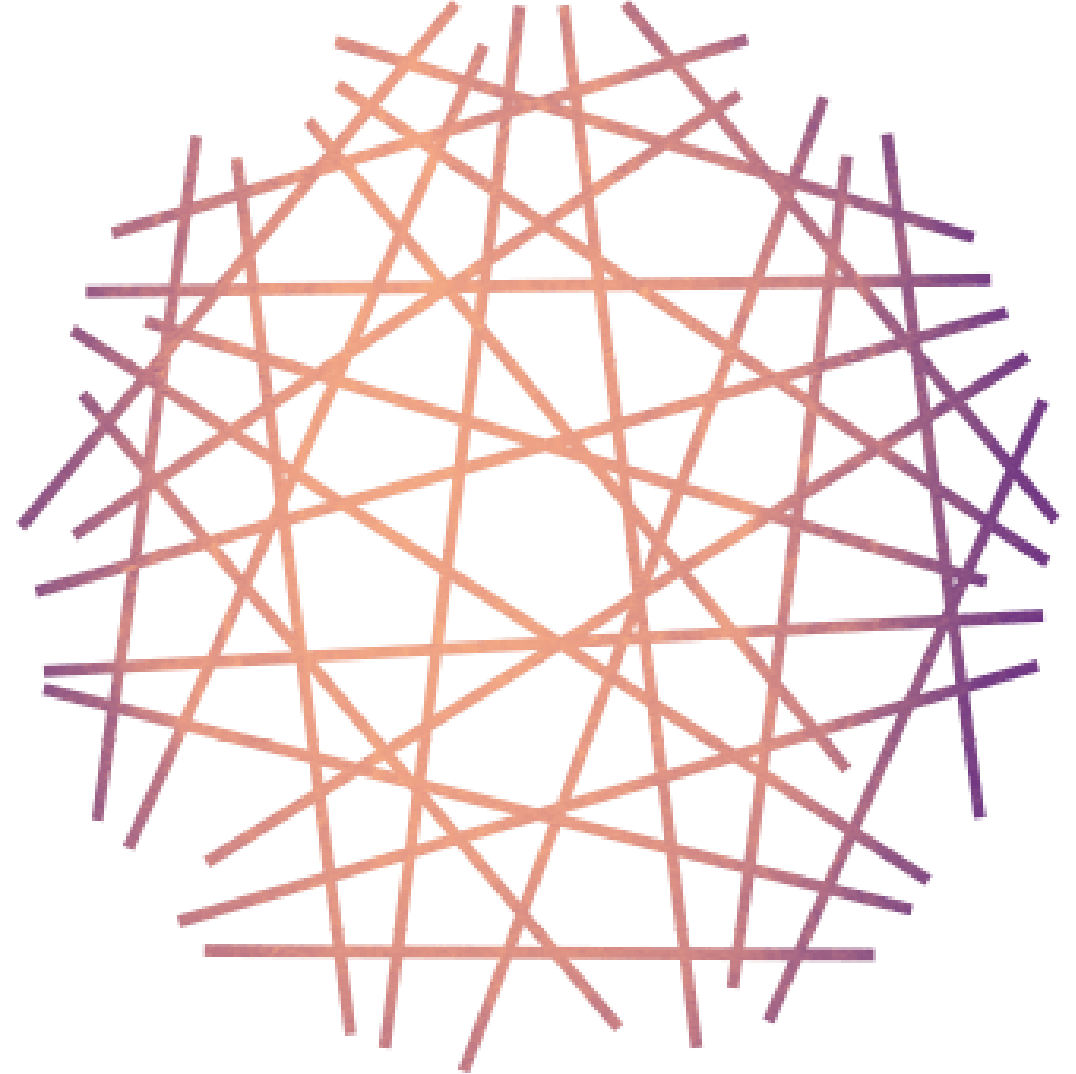
Examples of Mutual Aid

- Solidarity and Snacks
- The Black Panther Party



Examples of Mutual Aid

- Solidarity and Snacks
- The Black Panther Party
- Abortion Funds



**NATIONAL NETWORK OF
ABORTION FUNDS**

The flow of survivor knowledge,
experiences, and support from
person to person *is* Mutual Aid



Strengthening
social, health,
and economic
supports in
communities



Creating safe
and
supportive
environments

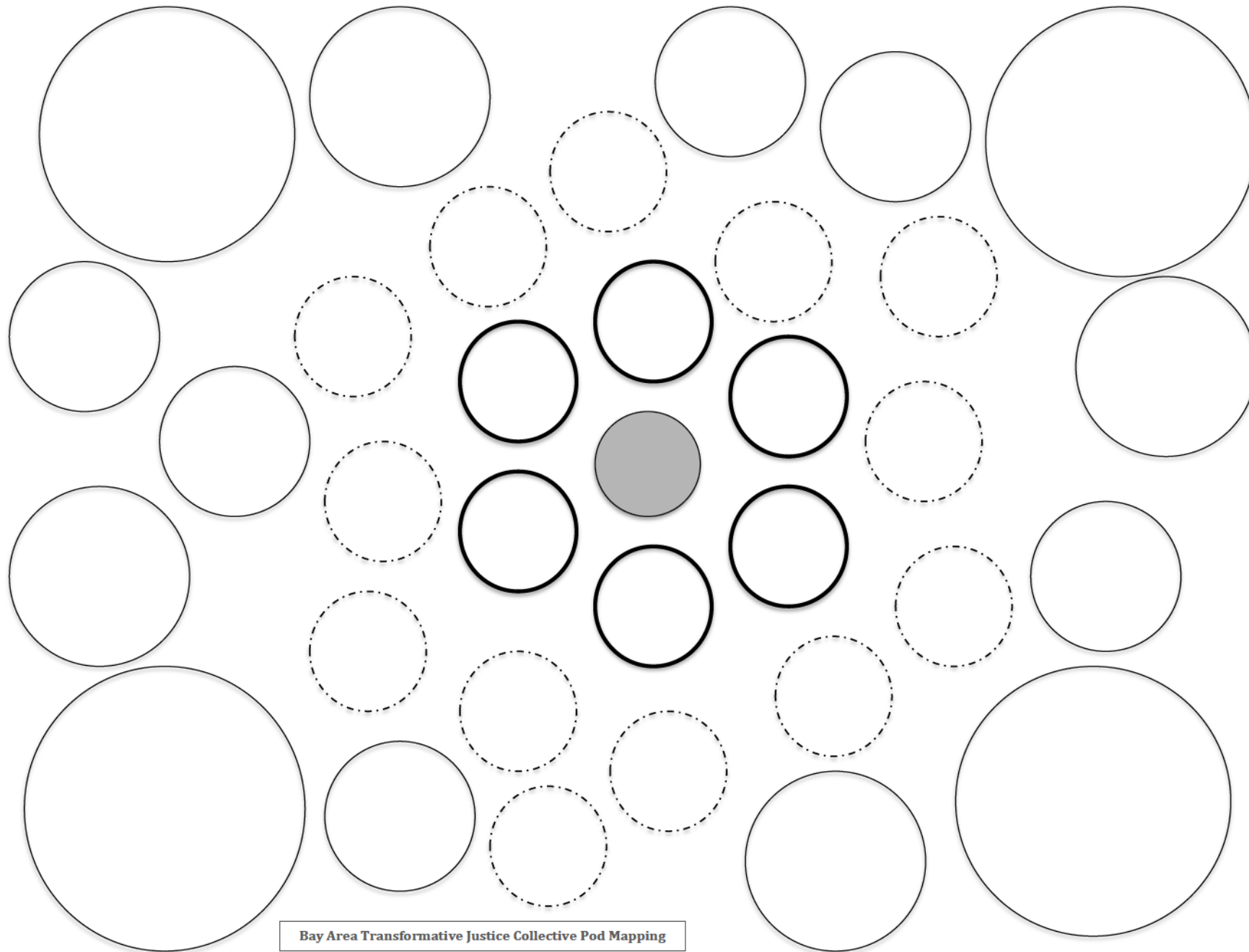


Bridging Community Dynamics

Goal: Increase social and community support.

Identifying Aid

Pod Mapping



Bay Area Transformative Justice Collective Pod Mapping

To Review

What we've learned today

Review

- Mutual aid is a necessary (but not sufficient) piece of a thriving society for all people.
- Our work must include the voices, knowledge, and experiences of those in our community and those most impacted by harm.
- All we got is each other.

Thank you!



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Resources/Sources

[Vent Diagrams](#)

[The Cut: So You Want to Get Involved in Mutual Aid](#)

[History.com "How the Black Panthers' Breakfast Program Both Inspired and Threatened the Government"](#)

[Pëtr Kropotkin "Mutual Aid: A Factor of Evolution"](#)

[AOC Campaign: Mutual Aid 101](#)

[The Bay Area Transformative Justice Collective](#)

[The National Network of Abortion Funds](#)

[@SolidarityandSnacks](#)