## GENDER-INCLUSIVE

## POWER AND CONTROL WHEEL

Physical and sexual assaults, or threats to commit them, are often linked to other abusive behaviors. Although physical assaults may occur only occasionally, they can instill the fear of future violence, allowing the abuser to take control of the partner's life. The Gender-Inclusive Power and Control Wheel is a helpful tool to understand the overall pattern of abusive and violent behavior.



Original Power and Control Wheel developed by: Domestic Abuse Intervention Project 202 East Superior Street Duluth, MN 55802

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