In its 22nd year, the Advocates’ Retreat and Conference brings together victims/survivors, advocates, and victim service providers from across the state (and sometimes, beyond!) to connect, share information, and engage in critical thinking analysis about efforts needed to address and prevent intimate partner violence, family violence, sexual violence, dating violence, and/or stalking. Over two days, there are many opportunities for training/education, networking, and self-care.

This year’s theme and workshop topics have been carefully chosen through a variety of ways. In the fall 2019, DCADV issued a Call for Workshop Proposals to local and national partners in victim services, prevention, and related fields. DCADV’s Retreat Planning Advisory Committee (consisting of representatives from DCADV’s member organizations, task forces, and other interested individuals) came together to review workshop proposals and provide feedback on the training and service needs of Delaware’s DV community. DCADV also used recommendations/suggestions received through last year’s Retreat and Conference participant evaluations to pursue workshop topics and presenters that would be most relevant to our community.

Our conference theme, Envisioning Peace: Focusing through the Lens of Social Justice, offers an opportunity for us to explore how we can continue to incorporate and promote equity, accountability, and accessibility in our services to people affected by gender-based violence.

We also recognize that this work is hard, and we all need time to relax and recharge! We hope that these two days will offer you an opportunity to engage in self-care, connect with colleagues and friends, and enjoy springtime at the beach!
MONDAY, MAY 4, 2020

8:00 - 9:00 a.m.  Continental Breakfast and Registration
9:00 - 10:15 a.m.  Welcome Remarks and Keynote Presentation
10:15 - 10:30 a.m.  Break/Travel to Workshops
10:30 a.m. - 12:00 p.m.  Workshop Session #1 (4 breakouts)
12:00 - 1:15 p.m.  Buffet Lunch
1:15 - 2:45 p.m.  Workshop Session # 2 (4 breakouts)
2:45 - 3:00 p.m.  Break/Travel to Workshops
3:00 - 4:30 p.m.  Workshop Session #3 (4 breakouts)
5:00 - 6:00 p.m.  "Fun at Five" Social with the Women of Color Task Force

TUESDAY, MAY 5, 2020

8:00 - 9:00 a.m.  Continental Breakfast and Registration
9:00 - 9:30 a.m.  Welcome Remarks & Recognition of Domestic Violence Specialists
9:30 - 10:15 a.m.  Keynote Presentation
10:15 - 10:30 a.m.  Break/Travel to Workshops
10:30 a.m. - 12:00 p.m.  Workshop Session #4 (4 breakouts)
12:00 - 1:15 p.m.  Buffet Lunch
1:15 - 2:15 p.m.  Plenary Session
2:15 - 2:30 p.m.  Break/Travel to Workshops
2:30 - 4:00 p.m.  Workshop Session #5 (4 breakouts)
REGISTRATION RATES

DCADV MEMBER ORGANIZATIONS, SUPPORTING MEMBERS, AND DELAWARE CERTIFIED DOMESTIC VIOLENCE SPECIALISTS

$110.00 (before April 2, 2020)
$120.00 (April 3-23, 2020)

NONMEMBERS

$120.00 (before April 2, 2020)
$130.00 (April 3-23, 2020)

NOT A MEMBER? VISIT WWW.DCADV.ORG/MEMBERSHIP TO LEARN MORE ABOUT THE BENEFITS! MEMBERSHIP RATES START AT $15!

ATTENDING ONE DAY ONLY

$75.00

LODGING

A limited number of hotel rooms will be available at the Atlantic Sands Hotel and Conference Center at the group rate of $128.00/night (plus 11% tax and $1.50 safe fee). To reserve a room, please call 1-800-422-0600 and refer to Delaware Coalition Against Domestic Violence Block #9798. The group rate is in effect for stays from 5/2/20 - 5/6/20. Rooms must be reserved by April 2, 2020 to receive the group rate.

Attendees are responsible for making their own lodging arrangements and for the associated costs.
ELIZABETH CARR
National Indigenous Women's Resource Center
This session will provide an overview for working with American Indian/Alaska Native victim survivors, covering topics from culturally-appropriate advocacy, to legal barriers victims experience in Indian Country, to resources available to American Indian/Alaska Native victim survivors.

EMILY KULOW & RACHEL RAMIREZ
Ohio Domestic Violence Network
We provide lifesaving services that have the potential to change the futures of people who access our services. When survivors struggle with additional challenges—such as substance use, severe mental health challenges, brain injuries, homelessness, or have been charged with crimes—we might not know how to help, which can leave advocates and survivors feeling frustrated and discouraged. This session will introduce you to CARE (Connect, Acknowledge, Respond, Evaluate), an advocacy approach designed with these survivors in mind, and learn ways to make services better respond to the complex needs of survivors from all walks of life.
Allyship as Action, Not Adjective

Jenn Kutney-Soper, Delaware Department of Justice &
Rebekah Balmer, YWCA Delaware Sexual Assault Response Center

As victim service providers we strive to serve all people, including minoritized populations. Some of us describe ourselves both individually and collectively as “allies”. But what is the true meaning of “ally”? In this workshop we will examine what it means to be an ally, discuss limitations of allyship, and explore tangible ways to enhance our skills transforming our ally identity to ally as action.

Cultural Humility: From the Basics to Daily Application

Fiona Oliphant, Healing Equity United

This workshop is an opportunity to begin the ongoing, self-reflective work of practicing Cultural Humility. Attendees will become more conscious of the dynamics and impact of power, privilege, and oppression on their service provision. Additionally, attendees will have a stronger understanding of how to work with survivors from marginalized communities. This interactive workshop will include individual and small group activities to explore varied manifestations of privilege and oppression. Participants will then learn the elements of Cultural Humility and how to apply its framework to all aspects of organizations’ administration from policies and procedures, to outreach and engagement, to direct services.

From Facebook to Spyware: Domestic Violence in the Digital Age

Corbin Streett, National Network to End Domestic Violence &
Amanda Alcaraz, Domestic Violence Coordinating Council

97% of domestic violence programs report that abusers misuse technology to stalk, harass and control victims. It’s vital for advocates to understand the common ways technology is misused against survivors, and to learn strategies and tools to help survivors make informed decisions about staying technologically connected, while minimizing related safety risks they face. In this training, attendees will learn common ways abusers misuse technology, how survivors can use technology to stay safe, and how to effectively safety plan with survivors around their use of technology.

Reflective, Trauma-Informed Supervision in Social Justice Settings (Part 1)

Terri Pease, National Center on Domestic Violence, Trauma, and Mental Health

In this two-part practical workshop, participants will engage in discussions about the day-to-day work of supervision in workplaces that focus on equality and social justice. Using a process of interactive discussion, role play, and consultation, the presenter will provide participants with tools to think through and respond to supervisory challenges in our work. Participants will have the opportunity to present specific supervisory experiences (with appropriate safeguards for privacy and confidentiality) and to participate in a group consultation process designed to give all attendees new insights into their own work as supervisors and managers. In addition to supervisor and managerial workers, program directors and board members are encouraged to attend. Note: While participation in both sessions is not required, it is highly recommended.
This interactive workshop will cover key concepts of social justice work and applying a social justice lens to the field of domestic and sexual violence victim services. We will unpack privilege, challenge bias, and explore structural inequities through both traditional classroom-style learning and participant-led group discussion. Participants, of all levels of understanding and experience with these concepts, will walk away with tools and knowledge to bring back to their agencies.

Advocacy with American Indian/Alaska Native Victim Survivors
Elizabeth Carr, National Indigenous Women’s Resource Center

This session will provide an overview of the services available to American Indian/Alaska Native victim survivors through the StrongHearts Native Helpline and lessons learned regarding American Indian/Alaska Native victim survivor needs based on call data.

Increasing Survivor Access to Interdisciplinary Services: Challenges and Opportunities
Janice Craft, Esq. & Caitlin Bradley, Esq., Virginia Sexual and Domestic Violence Action Alliance

Recent trends support the provision of holistic, interdisciplinary services to survivors of violence. Survivors of violence, especially those from underserved populations, face a myriad of issues, ranging from emotional to financial to legal. “One-stop-shop” wrap-around approaches have the potential of addressing survivor needs in an efficient, trauma-informed manner. Nevertheless, combining professional disciplines under one roof comes with as many challenges as it does opportunities. This workshop will explore interdisciplinary service models; identify various competing and complementary roles within the legal system; examine potentially conflicting professional viewpoints and priorities; and address common roadblocks to collaboration.

Post-Separation Abuse: A Growing Issue for Children, Victims, and Professionals
Ashley Santana, Silverlake Treatment Consortium/People’s Place/ SOAR & Kathryn Robinson, SOAR

This workshop will focus on the components of post-separation abuse and how it impacts victims, children, and professionals that are working to serve victims. The workshop will address this growing issue, the difficulties victims have when reporting this type of abuse, the continued psychological and emotional damage the abuse brings, and how professionals often become targets of the abuser. The workshop will also include what the justice system is currently doing to reduce post-separation abuse.
Prevention In Rural Communities
Jessica Bender, Family Refuge Center

This workshop will focus on successes and challenges of prevention programming in rural communities. Participants will recognize the risk factors and needs of their communities and strategize a prevention program suitable for them. They will also discuss and practice responses to common issues in rural prevention programming such as victim blaming and discrimination.

Advocacy Beyond Leaving: Tools to Build Wellness in Challenging Situations
Karen DiNardo, Natalie Klaus-Rogers, & Kyneta Lee, Mental Health Association in Delaware

Wellness Recovery Action Plan (WRAP®) is a personalized wellness plan rooted in self-determination. WRAP is about finding wellness wherever you are and working toward higher levels of wellness over time. This evidence-based practice is versatile and can be used to help victims who choose to leave find wellness and stability in their new lives. It can also be used to help victims who choose to stay find wellness within their situation. In this workshop, we will introduce WRAP to participants and show them how to use WRAP as a tool for safety planning, healing, and wellness in challenging situations.

Tips for Testifying Effectively
Cherelyn Homlish, LCSW

Serving as an expert witness or testifying on a victim’s behalf can be daunting for even the most seasoned victim service professional. This workshop will provide information about testifying as either a fact or expert witness, offer tips for providing effective testimony and avoiding the pitfalls of cross examination.

Working Hard for the Money: Survivors in the Gig Economy
Kim Pentico & Corbin Streett, National Network to End Domestic Violence

The gig economy is rising in the US. 40% of workers reported income on their taxes from gig economy and consulting jobs. Survivors may already be working in the gig economy (online or in traditional ways) and some may be considering joining the new online gig economy. We will share technology and economic considerations for survivors to remain safe (both online and in the role) and to work toward economic security. Online opportunities are growing and can increase some income stability to survivors. Advocates and survivors can use the considerations laid out in this session to help answer: is the gig economy good for me? If so, what platform?
Health inequities are historically entrenched and pervasive, but they are not insurmountable. We can be most effective by transforming our collective thinking from a perspective focused on treatment of the individual, to one that focuses on prevention and wellness of the broader population. The Health Equity Guide for Public Health Practitioners provides a call to action for all of us to make fundamental shifts in our approaches. The Guide was developed to be adaptable to all types of audiences, no matter what sector you work in. This workshop will explore how we can effectively address racial health inequities through our work.

Understanding Substance Use Coercion and Trauma-Informed Responses When Working with Survivors Who Use Substances

Emily Kulow & Rachel Ramirez, Ohio Domestic Violence Network

The connection between trauma and substance use is a complex and complicated one, but no one denies the intersection. We are learning that the role that coercive control plays in a survivor’s substance use is a prominent and important one; but, providing services to survivors using substances, often in a communal living environment, can be difficult and many staff feel unprepared. This workshop will help provide trauma-informed strategies to help us become comfortable with harm-reduction approaches to address substance use.

Medical-Legal Partnership: A Holistic & Coordinated Response to Domestic Violence & Sexual Assault in Delaware

Laura Graham, Esq. & Katelyn Lentz, Esq., Community Legal Aid Society, Inc.

This workshop will provide an overview of the medical-legal partnership (MLP) model as a way to empower survivors through a collaborative, interdisciplinary approach that helps identify legal needs and offers representation on a variety of legal matters in an effort to achieve positive outcomes for survivors. The existing medical-legal partnership between CLASI, CHILD, Inc./YWCA & FVPSA-funded MLP with Abriendo Puertas/People’s Place, serving survivors of sexual assault and domestic violence will be used as a model for discussion without reference to particular clients.

Reflective, Trauma-Informed Supervision in Social Justice Settings (Part 2)

Terri Pease, National Center on Domestic Violence, Trauma, and Mental Health

This workshop is a continuation/complement to Workshop 1, Session D. While participation in both sessions is not required, it is highly recommended.
We have known for decades that abusers intentionally target a victim’s head, neck, and face, with terrifying and painful repeated assaults and strangulation. But, we haven’t realized the significant ways these assaults can impact the brain. These invisible injuries are rarely identified and almost never immediately treated, and have physical, emotional, and cognitive consequences that can impact every area of a person’s life, making it more difficult for them to get what they need from our services and other agencies designed to help. Come to learn about partner-inflicted brain injury and practical tools developed for you to use in your work.

This presentation will focus on introducing Womankind’s model of practice - Moving Ahead Positively (MAP) and explain how MAP is reflected and practiced in working with survivors of gender-based violence across the lifespan experiencing various forms of violence: domestic violence, sexual violence; and human trafficking. Developed with insight from survivors that we have worked with over the past three decades, MAP is survivor-centered, trauma-informed, culturally-appropriate, and evidence-informed. This presentation will utilize case studies and immersive simulations to support walking through our model and programming, along with our lessons learned.

A Deep Dive into the Delaware Victims’ Compensation Assistance Program

Paige Schmittinger & Dale Wyatt, Delaware Department of Justice, Victims’ Compensation Assistance Program

This session will go over all of the “ins and outs” of the Delaware Victims’ Compensation Assistance Program. This session is open to both new and veteran advocates. Speakers will give a complete overview of the Delaware Victims’ Compensation Assistance Program and attendees will have the opportunity to ask any and all questions related to the Program.

A Healing Life: Self-Care for Trauma Survivors

Kerry McElwee, Dream Coaching

Transformation of personal trauma experiences can serve to strengthen your skills as an advocate. You are alive, so you have experienced trauma; how you choose to use those experiences for your work will either burn you out or make you a stronger advocate. The process of transforming traumas can be exhausting, but what if it could be accelerated? Using Life Coaching principles to guide the journey, you can work through as fast or as slow as you choose. You will learn the 4 steps in the Standing Firm method and leave with a structure for its implementation.
**FREQUENTLY ASKED QUESTIONS**

Am I eligible for the member rate? Individuals who are affiliated with one of DCADV's Member Organizations (CHILD, Inc.; Community Legal Aid Society, Inc.; Delaware Center for Justice; People's Place; and YWCA Delaware); individual supporting members; and Delaware Certified Domestic Violence Specialists are all eligible for the member rate. Visit [www.dcadv.org/membership](http://www.dcadv.org/membership) to become a member or check your eligibility.

Do I have to attend both days? No, a one-day registration is available to attend either day of the conference.

Will there be continuing education credits available? This course is pending approval by the National Association of Social Workers, Delaware Chapter for 10.5 contact hours of continuing education credit. All training hours also apply to those seeking initial certification or recertification as a Delaware Domestic Violence Specialist.

What is DCADV’s Training Cancellation/Refund Policy? Please note that in order to receive refunds or credits, registered participants must notify the DCADV Training and Prevention staff by phone (302-658-2958) or email (training@dcadv.org) no later than six business days (April 23, 2020 at 4:30 p.m.) before the scheduled training. Otherwise, all registrants, including no-shows, will not be eligible for a refund, and any registrants who have not prepaid will receive an invoice. Registrants receiving DCADV Training Scholarships are subject to the same policy and are not eligible for cancellation refunds or credits for the scholarship portion of their registration costs.

Are there opportunities to share information about my agency/organization? A limited number of exhibitor tables will be available. Please fill out the Exhibitor Request Form at [www.dcadv.org/retreat](http://www.dcadv.org/retreat) to request space. Spaces will be confirmed in mid-April.

Will there be food? Continental breakfast, buffet lunch, and light refreshments during break times will be available to all registered participants.

What should I wear? Dress is comfortable. Many of the workshops include experiential activities, and we want you to feel at ease to move and participate freely. However, please keep in mind that this is a professional event. In addition, the temperatures in the conference session rooms may fluctuate, so please dress accordingly. We strive to ensure the comfort and safety of conference participants by encouraging a smoke-free and fragrance-free environment.
About DCADV

Founded in 1994, the Delaware Coalition Against Domestic Violence (DCADV) is Delaware’s federally recognized state domestic violence coalition. The staff, board, members, and volunteers of DCADV work with our member organizations and allies to support the empowerment of victims of domestic violence and their children through access to services and legal remedies. DCADV also seeks to change the societal conditions that support sexism, racism, homophobia, and other oppressions and which contribute to the continued presence of domestic and sexual violence in intimate relationships.

The Delaware Coalition Against Domestic Violence envisions a First State where safe, healthy, equitable relationships, families and communities thrive.